

Ormiston Denes Diary

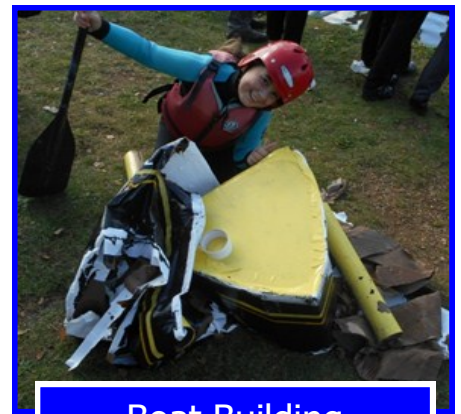
18TH OCTOBER 2016



**Academy
Premises Update**



**Family & Community Learning
Forest School**



**Boat Building
Challenge**

**School
Breakfasts
for
Winners**



**Open
Evening**



**Alumni
Craig Harvey**

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There is a no drop-off policy on the academy site. We encourage all who travel by car to drop off at a nearby road which is a short walk from the academy.

We encourage the use of public transport where walking/cycling is not suitable.

Thank you for your support.

Welcome

Welcome to the first Ormiston Denes Diary of the new academic year.

We hope you enjoy reading about what's been going on over the past few weeks; from building improvements, academy visits, PSHE day, open evening, boat building challenge to student celebrations.

Please don't forget to keep up to date with our day to day news via our social media platforms.



Find us on
Facebook

www.ormistonden.co.uk

Follow us on



@OrmistonDenes

Our newsletters are also available to view online on our website.



DATES FOR YOUR DIARY

All dates and times correct at time of publishing

Covering forthcoming events between the dates of Tuesday 18th October and Thursday 3rd November

Tuesday 18th October

- Parents' Forum 9.30am - 10.30am
- 'Chooseday' Tuesday - DPA Performing Arts Academy 12.50pm - 1.35pm
- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Maths Clinic - Room M42 3.10pm - 4.15pm
- Girls Team Badminton (U14) - Pakefield High School 4.00pm - 5.30pm
- Boys Area Rugby (U15) - Lowestoft RFC 4.00pm - 5.30pm

Wednesday 19th October

- Suffolk Skills Show (Year 10 students)
- Suffolk Young Carers lunchtime drop in

Thursday 20th October

- Wear it pink day
- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Maths Clinic - Room M42 3.10pm - 4.15pm
- Girls Netball (U12) - Bungay High School 4.00pm - 5.30pm
- Boys Area Rugby (U16) - Lowestoft RFC 4.00pm - 5.30pm
- Year 11 Parents Evening 4.30pm - 7.30pm
- Family & Community Learning - Lets' get cooking 6.30pm - 8.30pm

**The last day of the academy term is Thursday 20th October.
We return on Monday 31st October for Autumn Term 2 (Week 2)**

Saturday 22nd (10.00am - 5.00pm) and Sunday 23rd October (10.00am - 4.00pm)

- Lowestoft Model Engineering & Model Exhibition

Tuesday 1st November

- 'Chooseday' Tuesday - NCS 12.50pm - 1.35pm
- Maths Clinic - Room M42 3.10pm - 4.15pm
- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Girls Area Netball Tournaments (U14) - East Point Academy 4.00pm - 5.30pm

Thursday 3rd November

- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Maths Clinic - Room M42 3.10pm - 4.15pm
- Family & Community Learning - Craft 'n' Natter 6.30pm - 8.30pm

Head of Year 11 Appointed



We take this opportunity to inform you that we have appointed Mr Senior to the Head of Year 11 role. This is a vital part of firstly ensuring we are doing everything possible to support our students in achieving their best during their final year, and secondly allowing all other staff to focus on the whole school remit ensuring other year groups do not get left out".

FREE BREAKFAST FOR EVERYONE

Breakfast is available every day between 7.40am - 8.45am in the dining hall.

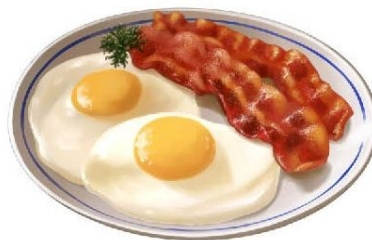
Cereals, fruit, yoghurt, breakfast bars, warm cheesy muffins and toast.

Hot food served between 8.00am - 8.30am.

A full cooked breakfast is available every Wednesday (sausage, bacon, egg and beans).

Ormiston Denes Academy breakfasts are a great way to start your day.

There's no charge and no need to book. Just turn up, eat and go!



Ormiston
DENES
Academy



Ormiston
DENES
Academy

Every year, Wear it Pink raises around £2 million during Breast Cancer Awareness Month for the UK's largest breast cancer charity, Breast Cancer Now.



At Ormiston Denes Academy we will be joining in with the fund raising on **Thursday 20th October 2016**. Various activities will take place, including:

- Non uniform day, with one item of pink being worn, restrictions apply (no low tops/strappy/crop tops or mini-skirts. Usual rules for make up and jewellery. £1 donation to the charity.
- Bake sale and sweet sale in the entrance hall at break time, all items 50p.
- Karaoke at lunchtime. Performing students can sign up at House Base. Admission into the assembly hall subject to a donation to the charity.



Student Spotlight

Hell Week

Two students swim 100k to raise funds for local club

Between Sunday 21st and Sunday 28th August, Luke (year 8) and Maddison (year 7), along with others from Lowestoft and Oulton Broad Swimming Club, swam 100km each to raise money for six new starting blocks which are about £1500 per block for their club.

Mrs Barton, (Luke's mother) told us: "They swam twice a day every day, with some sessions lasting three hours, with no breaks inbetween. The challenge was aptly called 'Hell Week.' Luke has taken part in this before, but for Maddison this was her first year. Basically, they have had a week of swimming, eating and sleeping. Collectively, the children who completed this challenge swam 1,811,300 metres which is 1,132 miles."

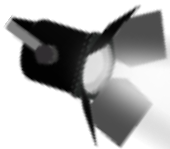


Maddison said: "I've been swimming for LOBSC for 2 years and I loved every minute of it. I've got numerous medals for various galas but I did win a trophy for 50m butterfly in the LOBSC Club Championships last year which I'm very proud of. 'Hell Week' was really hard; that's why they call it Hell Week! Getting up every day at 5.30am and then swimming for three hours was horrible and then knowing I had to do it again in the evening was hell! But I kept going because I wanted to get to 100km. I was really proud of myself and glad I did it."

Mrs Winney, (Maddison's mother) said: "As you can tell, both myself and Becky (Luke's mum) are so proud of the achievement both Luke and Maddison made in the summer holidays. It took great commitment on their behalf as it not only tested their physical stamina but also mental stamina. I was exhausted just watching them!"

Luke told us: "For 'Hell Week' Maddison and I swam 100km in one week. This meant swimming twice a day every day for that week. This made me feel like I was doing something good to help the club teach people to swim better and toe the line."

We think this is pretty remarkable and our congratulations go to Luke and Maddison for an outstanding achievement.



Luke also gave us an update: "On 15th September, I swam another short course; 1500m at Norwich UEA Sports Park, and gained a personal best of 18.26.47. This puts me at number one nationally for the time being."

Luke has been invited to attend the East Region Talent Camp which will be held in Peterborough on 13th November and 4th December.

Luke is pictured below from a previous event.



LOBSC
@LOBSC

Fantastic to see @lbswimmer top the rankings for 1500m free! #machine #swim #swimmer #swimming hard work pays off

11:25am · 16 Sep 2016 · Twitter for iPhone



LOBSC
@LOBSC

@lbswimmer knocked 12s off the current #1 ranked swimmer in 1500m free to take top spot! #boom #shortcourse #freestyle @dryrobe

11:37am · 16 Sep 2016 · Twitter for iPhone

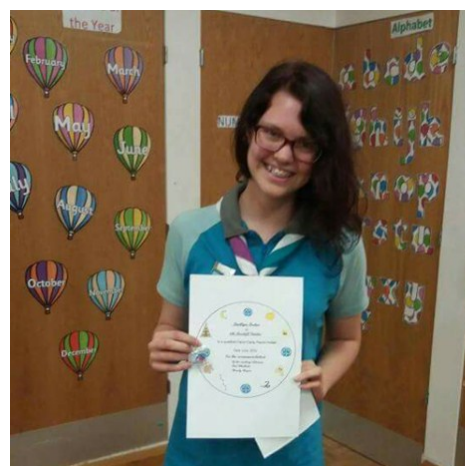


Julie nesbitt @JulieNesbitt 2d
@LOBSC @lbswimmer 18th to 1st in one year. Awesome swimming 🏊🏆

Congratulations to Kaitlyn

Congratulations to year 11 Inspire House student, Kaitlyn, who has just achieved her Guide Camp Permit. This is the first time such a permit has been presented in Kaitlyn's unit. Kaitlyn is now able to take her patrol to camp.

Kaitlyn was also recently awarded the Baden-Powell Challenge Award which we celebrated in a previous Ormiston Denes Diary.



We are very proud to share these students' wonderful achievements. If you have something similar you would like to share with us, please contact: Mrs J Durrant, Marketing & Communications Officer.



Ormiston
DENES
Academy

**FAMILY AND
COMMUNITY
LEARNING**

ENJOY THE JOURNEY OF
**LEARNING
TOGETHER**

Let's Get Cooking!!



Come and join us for a bread-making workshop
with some garlic butter thrown in!

THURSDAY 20th OCTOBER 2016

6.30pm - 8.30pm

Room T24

All Ormiston Denes Academy students, parents,
carers and
local community are welcome.

Further enquiries and bookings:

jwhitehead@ormistonden.co.uk

<http://workshops.ormistonden.co.uk>

Academy Premises Update

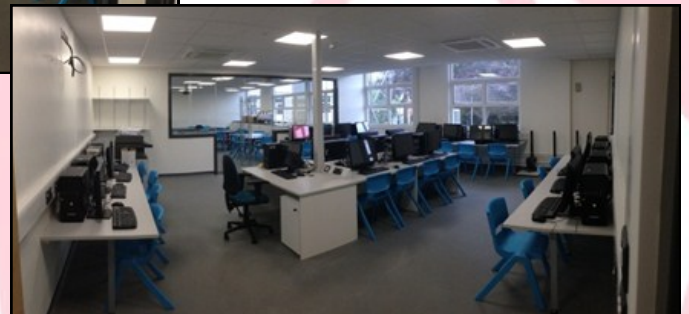
Academy buildings are constantly evolving and there is a need for Ormiston Denes to keep up with the times by ensuring we offer an educational environment and accommodation that is modern and fit for purpose, whilst providing our teachers and students with the resources they need to succeed.

During the summer holiday the dynamic of our academy site changed as corridors, classrooms and outdoor spaces became a hive of activity with contractors and academy staff working hard to ensure we delivered real improvements in a very short space of time.

Summer 2016 has seen the completion of a medium scale project to refurbish our art department from top to bottom, funded by the Education Funding Agency to the value of £350,000. Every wall has been decorated, some being knocked down and relocated. Every floor has been replaced, new windows installed and the overall layout has been re-engineered to ensure a positive flow for students. A centralised store has been created to allow easy access from one room to another, whilst ensuring teaching rooms remain free from clutter, setting the appropriate tone for learning. A contemporary monochrome theme has been chosen for all new fixed furniture and student desks/chairs, with a splash of aqua blue colour added for contrast. Finally, a bespoke photography editing suite has been created to further enhance the department. The images below illustrate the overall effect.



In addition to this project academy maintenance and ICT staff have worked to deliver a brand new ICT suite and to refurbish three maths classrooms. Further classrooms and corridors have been decorated along with the installation of replacement flooring to a number of areas.

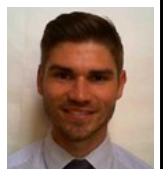


A critical item in the delivery of inspiring learning environments is making sure that everything works! Both maintenance and ICT teams have worked tirelessly over the summer to ensure that these smaller details are in place - upgraded speakers, display boards, projectors and blinds amongst others.

The academy has also taken delivery of over 200 new classroom chairs and 100 classroom tables to ensure we are providing the foundation for teachers to teach and students to learn.

We take great pride in our academy estate at Ormiston Denes and hope that our community can create and enjoy lasting memories, and more importantly achieve great things within our walls.

Mr K Oldman - Premises & Facilities Manager



Alumni **Craig Harvey**

In each edition of the Ormiston Denes Diary, we introduce our alumni. Today we are pleased to introduce Craig Harvey.

Craig attended The Denes from 2004-2007 and is a researcher for Peter Aldous, MP for Waveney, in both the constituency and Westminster.



*Craig is pictured with
Peter Aldous MP*

He extended his stay for another two years studying A Levels within the Sixth Form consortium where his favourite subject was History. After he left The Denes, Craig continued his studies with a Bachelor's degree in Philosophy, Politics and Economics, and a Master's degree in Security. He is now a Parliamentary Researcher working primarily in the Houses of Parliament.

Craig's primary role is to research policies and provide Peter with briefing material in order for him to debate in the House of Commons or hold meetings with constituents. Additionally, he drafts responses to constituents' queries, having completed the necessary research to provide a complete and accurate response, and sometimes passes them on to Ministers and Secretaries of State for the Government's feedback. Finally, he also accompanies Peter to many of his meetings in Westminster and the constituency and, where Peter is unable to attend, Craig will often attend on his behalf.

Craig told us: "It is very unusual for an MP to have a researcher from their own constituency and Parliament is a notoriously difficult place to gain employment. In this respect I was lucky as I happened to be studying my Master's degree at University College London and emailed Peter to request an internship with him. Following his re-election in 2015, Peter offered me a three-day-a-week, unpaid position in his Westminster office.

Internships are almost the only way to gain paid employment with an MP, but Peter initially had no vacancies and despite applying for positions with other MPs, I simply did not have enough Parliamentary experience. Again I had a stroke of luck as with two weeks remaining of my internship Peter's researcher decided to leave, and Peter offered me a role."

Craig has many a memory from his time at The Denes from helping perform CPR on a locust before letting it loose in Miss Wright's class, and a week-long trip to Wales. On his very first day he kind of cheated on a biology test, having taken exactly the same one a week earlier at his old school and knowing all of the answers - he was bumped up a set as a result!

Teachers of particular note were Mrs Erb who made him trust his artistic abilities and guided him to good Art grades, and Miss Preston who constantly assured him that he was capable of going to university and of succeeding in higher education.

Craig's message to our students is this: "Don't be too concerned if you're not sure what you want to do. Study a broad range of subjects and decide later".

Since speaking with Craig, we have just been informed that he has just started a PhD in Defence at King's College London, based at the Defence Academy of the United Kingdom, where he is researching how the strength of external military intervention affects the likelihood of a civil war peace settlement being successfully implemented.

We send good luck and our best wishes to Craig.

Mrs J Durrant
Marketing & Communications Officer

**Happy Birthday to Dan Walker and
Jules Pretty, alumni,
who both celebrated their birthdays
this month.**

Alumni Update - Lauren Page

We would like to update you with former student Lauren's experiences whilst carrying out voluntary work, organised through Plan My Gap Year, in Thailand during August and September this year.

Lauren, who is a full-time nursing student, volunteered to work in a farming and fishing village in Thailand during the summer. She taught English to the local children, also involving herself in some community renovation projects.

Prior to setting off, Lauren was very busy fund-raising and working hard to raise money for this trip.

Lauren told us: "I am really passionate about helping individuals and improving other people's lives where possible (one of the reasons I am pursuing a nursing career), so when I saw the chance to integrate these two things and have the opportunity to help people positively in another country I jumped at it and applied for the programme."

"The thing I most want to achieve is to make a difference to some of the children's lives and hopefully their futures by teaching them some English, and also to make a difference to the whole of the village community by helping them with the renovation projects."



Lauren is pictured with some of the children at the first school she taught at, Banbua School in Nongkhai.

Please visit our Facebook page to find out more about Lauren's voluntary work and to view more photos.

We think Lauren's story is very inspiring, and we hope you enjoy it.



On the final day of working at Banbua School, Lauren was thanked by the School Director and presented with a certificate.

We've just caught up with former student **Dan Walker**. This is what he told Mrs Durrant on filming for Hollywood action/thriller movie Category 5, due to be released late next year.

"The experience has been incredible. The transition from TV to Film is a big leap, and it comes with a lot of learning curves. But every day you are taught something new, simply because you're surrounded by professionals who have been in the business for years. It's also great fun at the same time. I get to play pretend for a living, getting in car chases and running away from explosions. You can't ask for more really!"

Directed by Rob Cohen, Category 5 tells the story of thieves attempting a massive heist against the US Treasury as a Category 5 hurricane approaches one of its Mint facilities.



Family & Community Learning - Forest School

Our Forest School workshop was held on 14th July 2016, and what a great success it was!

Thirty three people came to enjoy an evening of lantern making, whittling and toasting marshmallows, sitting in the sun around a camp fire.

There was a great feeling of community with little ones chasing each other in the long grass, while older ones sat and crafted, under the instruction of Miss Smith and Mrs Chitty.

The time went too quickly as we sat beneath the setting sun waiting for the lanterns to dry.

A great time was had by all.



Congratulations

Congratulations to Lee Tallowin, drumming tutor!

Mr Tallowin took part in ITV's "Go For It" on Saturday 1st October - a series that challenges people with "weird and wonderful talents", in which they test their skills.



Mr Tallowin successfully completed his challenge which was to perform 44 juggle rolls in the space of a mere 60 seconds! A juggle roll is hitting the drum, right to left, continuously, whilst flipping the drumsticks. Quite a nerve-wracking feat.



Every day we meet people who are working in interesting roles. Robert Farman attended The Denes when it was a grammar school, he has moved around the world and the UK for work and has settled back in this area and is now a speaker on the art and science of facilities management. We see our site team preparing for events and maintaining the premises, for example, so we all know someone who works in facilities management! Robert has maintained his interest in helping the academy, and we hope he will come back next year to help us carry out mock interviews again.

WHAT IS FACILITIES MANAGEMENT?

Alumnus Robert Farman CEng MCIBSE CBIFM

Facilities Management (FM) employs 10% of the British workforce. World FM Day in Barbados on 13 July 2016 was the highlight of my FM career when I was a keynote speaker at an FM Conference for the whole Caribbean. So, ...

What is FM? It is the art of running buildings and other services that an organization needs. It is all about people happily working as well as possible and enjoying comfortable facilities.

Why is FM needed? Employers want to attract and keep talented people and colleges and universities want to get the best students and researchers. Excellent, environmentally-friendly buildings show they care about their own people and users, such as patients and customers. Keeping vital services, like hospitals' operating theatres and banks' data centres for cash machines constantly running is key part of FM.

When is FM done? Anytime. Whenever electrical power is lost, the water supply fails or a sewage pipe bursts in a building. FM managers plan to deal with any crisis, like fire or flood, that could put an organization out of business and so ensure it continues.

Where will I find FM? Anywhere. In Britain, from Norwich Castle Museum to a telephone exchange in The Shetland Islands. In the world, from Singapore, almost on the equator (37°C), to world's driest and coldest desert (-60°C), the Antarctic.

Who works in FM? Anyone. With a degree in aeronautical engineering, I understand how rockets work and I have had a qualified hairdresser work for me! People qualified in the construction trades, IT, human resources (HR), business administration, catering, cleaning security, horticulture or sports and leisure all work in FM.

How can I get into FM? While at school, get customer service experience in the local summer tourist industry, shops, cafés etc. Also, join a youth organization that develops teamwork, communication and other personal skills. To find a job or an apprenticeship in FM that you will love, get the best GCSEs you can. With good A Levels, you can go on to get a degree in engineering or FM that will open the door to a great career.



Norwich Castle

The Forum, Norwich



Visit to Lowestoft Sixth Form College

On Wednesday 28th September, the whole of year 11 were invited to visit Lowestoft Sixth Form College to find out more about the courses they offer.

We were greeted by the College's Vice Principal, David Gartland, and then our students were able to visit every department. For our students this visit was important so they could find out what grades they need to achieve to study the courses they would like to do, and to find out what is offered and at what level.

Some of our students had visited the Sixth Form College in July on the Progression and Employability day. However the offer at the Sixth Form College has changed for entry in September 2017, as have the GCSE grading structures for English and Maths. Students were able to speak to tutors and to current students; it was lovely to see some familiar faces from The Denes who are now successfully studying at sixth form!

We were pleased to see student, Lauren, model PPE for practical Geography (pictured opposite).

When thinking about where to go after leaving Ormiston Denes Academy, we encourage our students to consider the following questions:

- What level is the course?
- What are the entry requirements?
- What facilities are available for sport/enrichment/pastoral/academic?
- How is the course evaluated? Eg by exam or coursework or a combination?
- Do colleges offer work experience?
- Are there any bursaries available and how do I apply?
- How do I apply?



Each different college and sixth form has different entry requirements for each subject. This can make your decision about what to apply for quite complicated. They also have different bursary and grants schemes for students. It is important to ask questions to ensure you have enough information to make decisions about where and what to apply for.

If you feel that you need more guidance, please contact Mrs Ladbrook, and I will be happy to advise you.

*Mrs C Ladbrook
All Together Guidance Professional*

'Chooseday' Tuesday

'Chooseday' Tuesday has become a regular feature in our Entrance Hall every week. So far this term we have had representatives from the National Citizen Service, Easton and Otley College, LifeSkills and Access to Music. Each a very different organisation with something different to offer.

We were pleased to welcome Josh from the National Citizen Service (NCS) who offer our year 11 students the opportunity to take part in a three week programme. "On NCS, your teenager will develop the skills that employers increasingly value: confidence, leadership and independence."

NCS is a great addition to your teenager's CV. In fact, almost three quarters (72%) of NCS graduates feel more confident about getting a job after doing NCS. All NCS graduates receive a certificate signed by the Prime Minister, and moreover, UCAS recommends students put NCS in their personal statement." You can find out more here: <http://www.ncsyes.co.uk/ncs-for-your-teen>

Some parents may be worried about the cost of the scheme. For those whose child is entitled to free school meals, the programme is free. For other families the cost per child is up to £50 and NCS are happy to arrange a lower fee for any student who needs help. Year 11 students can take part in the programme in the summer with courses starting from the beginning of July. Students usually spend Monday to Friday of the first week at an activity camp like PGL, the second week at a university and the third week completing a community project. NCS offer transport from Lowestoft, so you don't have to worry about getting your child to the different camps. We will be seeing Josh in the future, and if any parents do complete forms for NCS I am happy to collate them and give them to Josh on his next visit.

Lucy (pictured opposite) from Easton & Otley College came to visit us and was inundated with students asking questions about what courses are on offer there. Although we don't have many students who go to Easton & Otley College, the students were able to find out about the range of courses offered, how to get there by bus and what degree courses are available. Easton & Otley College is working closely with the UEA on a number of collaborative projects and has recently expanded their degree offer.



In the forthcoming month we are expecting exhibitors from our local performing arts academy, DPA who deliver level 3 courses in Performing Arts in conjunction with Lowestoft College. Also visiting are Great Yarmouth College, and 3aaa who is an apprenticeship provider.

*Mrs C Ladbrook
All Together Guidance Professional*

**'Spine-Chillers - The Graveyard Shift'
Students' mini sagas just published!**

Congratulations to students Tegan, Travis, Eloise, Maisie and Harry whose 'Spine-Chillers' mini-sagas have just been published in "Spine-Chillers - The Graveyard Shift" - a Young Writers anthology.

The mini-sagas were submitted by Ormiston Denes for the Young Writers competition and were the result of a brief, instructing writers to use atmosphere, tension and suspense - using 100 words or fewer!

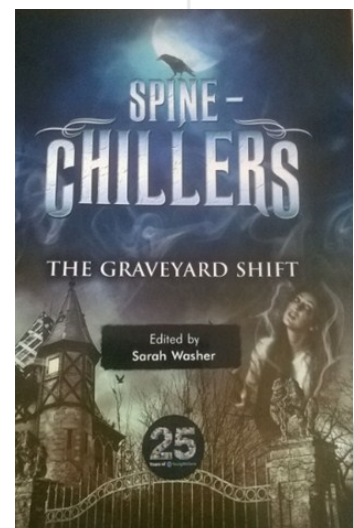
'Spine-Chillers - The Graveyard Shift' has now been published. A copy will be placed in the academy library, alongside last year's publication "Grim Tales" in which two of our students also had their mini-sagas published.

Be sure to call in to our library, where you will be able to read the spooky mini sagas:

Lingering Shadows - Tegan
The Smiling Ghost - Travis
The Hospital - Eloise
The Statue - Maisie
The Jack-in-the-box - Harry

The anthology will also be sent to The British Library and further libraries across the UK and Republic of Ireland.

Well done guys!





WE ARE PLEASED TO HOST THIS YEAR'S LOWESTOFT MODEL ENGINEERING & MODEL MAKING EXHIBITION



The following facilities
are available for hire:

ATP Pitch • Sports Hall
Gymnasium • Dance Studio
Xcess Fitness Suite

ORMISTON DENES COMMUNITY SPORTS CENTRE
Tel Day 01502 574474 Eve 01502 509928
Email: sportscentre@ormistonden.es.co.uk
www.ormistonden.es.co.uk/sportscentre

 @DenesSports

Ormiston Denes Academy • Yarmouth Road Lowestoft Suffolk NR32 4AH
Email: info@ormistonden.es.co.uk • Web: www.ormistonden.es.co.uk



@OrmistonDenes



Find us on
Facebook

Saturday 22nd October 10.00am to 5.00pm
Sunday 23rd October 10.00am to 4.00pm

Boat Building Challenge

Students from Ormiston Denes Academy were invited to participate in the inaugural cardboard boat building challenge, organised and sponsored by Shipshape East Anglia (SEA) and the International Boatbuilding Training College (ITBC) in Lowestoft. The challenge was to work in teams to design and create a cardboard boat which would then be launched at Oulton Broad and raced against the other competitors.

Students involved in the project were keen technology students: Harry, Ethan, James, Quan, Ethan in Year 10, Finn in year 9, Amy, Keiran, and Bradley in year 8. Students were initially invited to a planning and design afternoon at the College where, following an introduction, they were given a tour of the site. Students then were given some guidance and tips on key ideas and principles regarding displacement, buoyancy, boat shapes, types and techniques for working with the materials available to them. Finally students were offered the materials with which to be able to make their cardboard boats, namely sheets of cardboard, cardboard tubes, duct tape, gloss paint and PVA glue. Students then had just over two weeks to design and create their boats, and entered this task really enthusiastically. During enrichment lessons and many after school sessions, the students worked really hard on their products, and produced three different and fabulous boats to enter into the final racing challenge.

It was a cold and windy afternoon on the day of the race, although the sun was shining for our students. Along with the other three schools (Cliff Park Ormiston Academy, East Point Academy and Pakefield High School) we met at Oulton Broad Water Sports Centre, where our chosen racing team changed into wet suits and full safety equipment ready for the races. The racing was held in three heats, with vessels from each school participating, and



safety vessels on hand for any boat that didn't stay afloat or needed assistance during the races. There was a lot of encouragement from the remaining students on the river bank that were not involved in the race itself, all keen to support all of the competitors.

As far as our boats were concerned, in the first heat Amy in the craft 'Amy's vessel' set off really well and was in the lead until the half way stage. Unfortunately at this point the boat started taking on water and began to sink, with Amy and a very soggy boat being rescued by a safety vessel. Our boat in the second heat unfortunately didn't fare as well, with Bradley attempting to steer the vessel, but unfortunately attempts had to be abandoned not far from the launch site. However, Finn in the dragon boat fared, really well on the third heat, completed the race with the boat intact, although sadly not in first place. Any boats remaining after the initial heats were asked to participate again in a 'survival of the fittest' race. Finn and his dragon boat set off at an incredibly fast pace and was well in the lead when, unfortunately, it began to sink on its return to the launch jetty and unfortunately didn't make the finish line.



Although Cliff Park Ormiston Academy won the prize for the fastest finish time, two of our boats won the Joint Creativity Award for their fabulous dragon boat and 'Amy's vessel' designs. The students were really pleased to each receive a medal for taking part in the competition, and to also be able to return to school with one of the major prizes, in recognition of all of their hard work and achievements.

This event was a great opportunity to put STEM learning into practise and to build leadership and teamwork skills in an enjoyable way, to do something different and create unique and individual designs. The students were really enthusiastic throughout the whole of this project, and their enthusiasm and excellent teamwork really paid off.

As an Academy we were very grateful to have been offered this fantastic opportunity from the International Boatbuilding College, and look forward to hopefully being able to participate again next year.



MacMillan Coffee Morning

The World's Biggest Coffee Morning is Macmillan's biggest fundraising event for people facing cancer. They ask people all over the UK to host their own coffee mornings and donations on the day are made to MacMillan. Last year alone they raised £25 million.

Inspire House decided to hold their own version of a coffee morning in two parts. The first was for students to provide staff with a hot drink and slice of cake, subject to a donation to the charity. A number of staff and students also kindly donated cakes and cookies which were sold to students at break time. During the course of the 20 minute break students raised £154.40, with the few remaining cakes being sold over the lunch period.



Student volunteers, mainly from Inspire House but other students kindly offered to help, raised a grand total of £182.10, which is now being processed to be sent off to the charity.

Our thanks go to all students and staff that helped and supported the event to raise money for this really important charity.



The
Old Time Radio Club

PRESENTS:

An Experience
BEYOND the Ordinary

Gothic Horror

A Fully-Funded Interactive 'Summer
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YOURSELF OVER THIS TWO-DAY WHIRLWIND OF
CREATIVITY AND SELF-EXPLORATION.**

Monday 24th – Tuesday 25th October 2016, 10:30-14:30pm
The Hut, Stradbroke Road, Lowestoft
(near the water tower)

Cost: FREE (only 18 places available) – funded by ESY PAG

To apply for a place email completed forms to otrc@engineer.com

NWES World of Work Programme



In partnership with Waveney District Council, NWES recently gave a small group of year 10 students the opportunity to find out more about being work and future ready. During the morning students attempted a number of activities designed to enhance their skills and knowledge in communication, team work, self-awareness and organisation. Designed to help make students "future ready" they also looked at CV writing, first

impressions, personal presentation and preparation, allowing them time to think about and practice the necessary skills and characteristics to make a successful transition into work, training or further education.

Our thanks go to Waveney District Council and NWES for providing our students with this excellent opportunity.

The Royal Philharmonic Orchestra performance

On 16th September a small group of students had the opportunity to attend The Marina Theatre in Lowestoft to watch the afternoon rehearsal, prior to the evening performance, of The Royal Philharmonic Orchestra (RPO) performance of Last Night at the Proms.



This was a wonderful opportunity for students to watch a prestigious world renowned orchestra performing, and appreciate the dedication and professionalism of the musicians involved.

The orchestra rehearsed many musical pieces, along with vocalist Rose Setton. Students were each provided with a Union Jack flag to wave, and were lucky enough to join in with two of the songs, Land of Hope and Glory, and Jerusalem.



The students were really impressed with the performances and enjoyed this exciting experience. Our thanks go to the Marina Management and Friends of the Theatre for allowing our students this opportunity.

Open Evening

Children, along with their parents/carers, from across Lowestoft were given a taste of life at Ormiston Denes on Thursday 21st September when the academy held its annual open evening.

On entry, all prospective students were given a free branded rucksack and details of a fun treasure hunt that they could take part in whilst touring the academy and finding the answers to various poetic, department-themed questions.

Following presentations by Mr Ben Driver, Interim Principal, our guests were able to tour the academy, guided by student ambassadors, who did a grand job.

The atmosphere was buzzing, and all departments provided an informative and entertaining experience to our visitors.

Thank you to all staff and student ambassadors for making our Open Evening a success.

The following photographs give a flavour of the evening. Please visit our Facebook page to view our Open Evening 2016 album



*Mrs J Durrant
Marketing & Communications Officer*

Transition

At the start of the Autumn term year 6 students from North Lowestoft primary schools were invited to come along to our academy, as part of our transition programme, for a 'Mission Impossible' workshop. During the course of the morning students were engaged in a number of cross-curricular activities, to test their skills in problem solving, memory & recall, observation, communication and team working. Challenges included having to decode a number of messages using numeracy and literacy, observation missions, and a video challenge. A total of eight primary schools participated in the workshops, and our thanks go to these schools for attending. Transition is an important process for our younger students, to allow them to move to a new high school feeling safe, secure, happy and enthused to be part of their new school. We always encourage schools to participate in some of our many activities on offer, and are really pleased to see the younger students in our academy.



Frequently Asked Questions

Frequently Asked Questions is a theatre production from New Wolsey Theatre in Ipswich, and Lowestoft Rising kindly funded the production to come into all four Lowestoft high schools as part of their tour programme. The show, delivered by a quartet of actors, was a guide to adult life, by teenagers for teenagers. Through reflective monologues year 9 students got to find out about some of the questions around identity, background, relationships and what our digital footprint will say about us now and in the future.

The show held the audience's attention from the start, in an engaging performance, and was really well received by the students.



Our thanks go to New Wolsey Theatre for their performance, and to Lowestoft Rising for allowing us the opportunity to have this production in our school.

Team up to be Champions - School Breakfasts for Winners

Once again, Ormiston Denes Academy was pleased to support charity His Church and host a further Kellogg's UK breakfast cereal distribution.



This project distributes Kellogg's cereal to schools and charities with the aim of improving educational attainment and social inclusion through the provision of healthy, good quality breakfast cereal.

This second event was even more successful than the first with 2,500 individual boxes of cereal being distributed to over 22 organisations. This will help a variety of organisations and agencies to support our local young people by ensuring they get a nutritious breakfast.

We were also very pleased to make a further donation of disused classroom furniture which will be used to furnish schools in Liberia that are being set up to re-establish education facilities there, following the impact of the recent Ebola outbreak.

A spokesman for His Church said:

"It was great that once again the staff of Ormiston Denes were able to team up with us to ensure so much cereal could be distributed to the local community. At the same time, Ormiston Denes was able to donate school furniture and equipment which will in turn improve the education of school children in Liberia. We are so grateful for this partnership and look forward to continuing to work together in the future."

Kevin Oldman, Premises and Facilities Manager, said:

The investment Ormiston Denes Academy has put into replacement furniture has not only improved the standards of our own learning environments but also gives us the unique opportunity to support the fantastic work of His Church in Liberia."



College Open and Information Evenings - dates for your diary

Lowestoft College Open Evening
Monday 7th November 5.15pm to 8.15pm



EAST NORFOLK
Sixth Form College

East Norfolk Sixth Form College Information Evening
Thursday 24th November 5.00pm - 7.00pm

Easton & Otley College Open Morning
Saturday 5th November 9.00am - 12noon



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Visit: www.onelifesuffolk.co.uk

Lowestoft:

Where: Ormiston Denes Academy, Yarmouth Rd,
Lowestoft NR32 4AH

When: 24th-28th October 2016

Times: 9am-3pm

PSHE Day 5th October 2016

Personal, Social, Health and Economic (PSHE) education is a school subject through which students develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help students to stay healthy, safe and prepare them for life and work in modern Britain, and can help students achieve their academic potential, and leave school equipped with skills they will need throughout later life.

Our PSHE day in October, for year 7 to 10 students, was based around Enterprise and Life Skills; Year 7 undertook the Britvic Liquid Means Life enterprise challenge, and 8 students undertook the Royal Mail enterprise challenge. Both activities allowed students to make informed choices and to use their enterprise skills, such as team work, communication, problem solving, etc.



Kamal from Barclays Bank, presenting a life skills workshop to our Year 9 students

Year 9 worked with Barclays Life Skills on a number of activities, looking at self-confidence, personal impact and financial awareness.

Year 10 looked at their futures; where they wanted to be in years to come; and financial awareness. Students were given presentations from the four local colleges, and from the University of East Anglia who gave them an insight into university life.



Year 7 student teams designing alternative products to high energy drinks

Our thanks go to the UEA, Lowestoft Sixth Form College, Lowestoft College, Great Yarmouth College, East Norfolk Sixth Form College and Barclays Life Skills for providing our students with excellent workshops and information.

LOCAL VOICES

James was one of our best scholars

One of Lowestoft's greatest scholars died in June.

James Campbell grew up in humble surroundings in south Lowestoft - but went on to be one of the UK's greatest authorities on Anglo-Saxon history.

Rising to be Emeritus Professor of Medieval History at Oxford University and a Fellow of the Royal Society, James attended Lovewell Road Infants School and then what was still Lowestoft Secondary School, in the north of the town. Inbetween lay wartime evacuation to a mining village in Derbyshire. The Secondary School soon changed into Lowestoft Grammar School, of which James had fond memories.

"It was really a very good school", he used to say. "Well organised, with good discipline and with a head, Mr Brooks, who was somewhat feared. The teachers were excellent. Their names will be familiar to many still in the town - Mr Baker (English), Mr Dowson (French), Mr Lamb (Latin) and of course, Stuart Spalding, who taught me history." James went up to Magdalen College, Oxford, in

Obituary - James Campbell

1952 to read history and then on to be a Research Fellow at Merton College. Soon after this he was appointed a Tutorial Fellow at Worcester College - a post he held for 45 years. A steady flow of articles and, later, books followed.

His pioneering work was to show how the Anglo-Saxon state before 1066 was far more organised, sophisticated and successful than people realised.

Visitors to Sutton Hoo will find the standard book on the Anglo-Saxons mostly written by James. Elsewhere his work ranged from an appreciation of the Venerable Bede, through the importance of market towns and their charters, on to discussion about the ancient shire boundaries of England.

In some ways James was among the last of the traditional Oxford dons - living in college, in the pre-computer years, surrounded by his books and his students.

With his prodigious memory and razor-sharp mind, James encouraged the

weak and brought the over-confident down to earth with a very sharp bump.

James never forgot his East Anglian roots. He attended the Centenary of the Secondary/Grammar/Denes High School in 2010, and was always keen for local news. Few people know more about the price of North Sea herring in medieval times, or the price of peat for Norwich Cathedral in the 13th Century - both of these crucial items in the local economy.

Indeed, recognition of Norwich's place as second city of the kingdom for several hundred years owes much to James' scholarship.

His chapter on the city before 1300 in the Rawcliffe/Wilson history of Norwich shows both his eye for detail and his fascination with his subject.

This is scholarship as it should be, and was throughout James Campbell's illustrious career. He was truly a scholar and a gentleman.

Don Mathew

Yarmouth Road, Lowestoft, Suffolk, NR32 4AH Tel: (01502) 574474

Family and Community Learning

Autumn Term Programme 2016



**All Ormiston Denes students, parents, carers
and local community are welcome!**

**This is a warm and welcoming way to learn a new
skill or simply have some fun!**

Just fill in the online booking form (see link below) at least one week before each workshop,
pick up a booking form and hand it into Reception OR email
Mrs J Whitehead - Family & Community Learning Leader

jwhitehead@ormistonden.co.uk

<http://workshops.ormistonden.co.uk>

WORKSHOP	DATE	TIME	TUTOR	ROOM
Let's Get Cooking	Thursday 20 th October	6.30pm - 8.30pm	J Whitehead	T24
Craft 'n' Natter	Thursday 3 rd November	6.30pm - 8.30pm	M Rudd/ J Whitehead	T26
Sketching and Painting	Thursday 17 th November	6.30pm - 8.30pm	M Rudd	Art Room
Make a Christmas Wreath	Thursday 1 st December	6.30pm - 8.30pm	L Hartley	T26
Christmas Crafts	Thursday 15 th December	6.30pm - 8.30pm	M Rudd	T26