

Ormiston Denes Diary

8TH FEBRUARY 2017



U12s Northern Area
Rugby Tournament
Success for
Ormiston Denes



Suffolk Young
Carers Visit



The Orchestra of the Age of
Enlightenment



Essex & Suffolk
Water - Just an
Hour Scheme



Academy Library
Competition
Winners



Principal's Award for Exceptional
Student Response to Feedback

Plus lots more ...

Ormiston
DENES
Academy



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Keep up to date with our daily tweets!

Follow us on Twitter @OrmistonDenes The Twitter app is free to download. 

Just visit: <https://twitter.com/download?lang=en-gb>

From our Vice Principal, Mr Tony Bown ...

As the glimmer of Spring is in the air, and the evening light begins to return, it is a pleasure to write to you after what seems a jolly long time. Since I last wrote to you I have passed two personal milestones, becoming a grandfather and marking a very special birthday, and life at Ormiston Denes continues to be rewarding and exciting.

One of our most significant changes was a re-design of the curriculum, and the structure of the school day. Although it is always a challenge making a major change during the school year, feedback from students and staff helped us to lead a change which saw a number of improvements, such as greater consistency of teachers for students, and the ability to offer a wider range of courses. The model we have adopted, with four 75 minute lessons, still gives the flexibility for deep student learning and a high degree of independence as students develop their "softer" skills of teamwork, participation, reflection and research, while preparing for academic success.

Student Voice has continued to develop, with our student Heads and Deputies being joined by a team of house team leaders and form captains, to ensure that students have opportunities to play a full role in communication and decision making across the academy. Hubert, our Head Boy, is leading an assembly for all students after half term to give a full update, and to launch a student buddy system.

Half term also brings two of our annual traditions - the skiing trip to Italy and the History trip to Auschwitz. Later this year we are running a STEM event for year 7, with Dr Ken Farquar coming to deliver workshops and presentations, and we are taking year 9 and 10 Drama students on a cultural visit to Paris and London as well as a group of students on an adventuring holiday in the south of France. Our second Careers Fair on 3rd March, will help prepare year 10 and 11 students for future choices, and we will be joined by a large contingent, whom we welcome from Saint Felix High School in Southwold.

I am personally increasingly proud of how well all our students fulfil our three academy values of aspiration, integrity and respect. Our classes and corridors are always full of respectful, courteous and well turned out students, upon which visitors regularly remark. In fact, we were privileged to welcome the founder of Ormiston Trust, Peter Murray, OBE, and his wife and fellow trustee, Di, earlier this month. It was wonderful to show them how far we have moved Denes forward since we became an academy.

Continued on the next page ...

Continued ...

With one eye firmly on the end of year examination season, we ran year 11 mock examinations straight after Christmas. With grateful thanks to Mrs Turk and her team of invigilators, our students were served a realistic exam experience, and they rose to the challenge well. As I have told them, the year 11 group are more focused and determined to succeed, at this stage, than any before them. As we consolidate the dynamic form structure, allowing year 11 to have specialist and personalised daily intervention in form time, and begin our Saturday revision programme, it is a good time to be optimistic for our year 11 students. It is sobering to realise that the next time I write, the exam season will be right upon us. In the meantime, I wish year 11 well, and encourage them to maintain their fantastic attitude and approach, heeding the advice of the group of dedicated professionals around them, and I greatly appreciate the support that you, as parents and carers, continue to offer.

**This half term finishes on
Thursday 9th February at 3.10pm**

**We return to the academy on
Monday 20th February 2017 (Week 1)**



Parents/Carers



Have you registered an email address with us and is it up to date?

If you are not currently receiving correspondence from us by email, the answer is probably 'no'.

Did you know by doing so, we are able to keep you informed of our upcoming fortnightly events, the Ormiston Denes Diary and you can even check your child's report online.

Please call the Academy Office on 01502 574474 to register for email correspondence.

Clubs, Intervention & Homework Support 2017

We are pleased to let you know that we have provided numerous additions to our extra-curricular support. The updated timetable is available on our website: <http://www.ormistonden.es.co.uk/after-school-clubs/>



DATES FOR YOUR DIARY

All dates and times correct at time of publishing

Covering forthcoming events between the dates of Tuesday 21st February and Friday 3rd March

Tuesday 21st February

- 'Chooseday' Tuesday - Lowestoft Town Sports Academy 12.50pm - 1.35pm
- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Girls Basketball (U13) - Saint Felix High School 4.00pm - 5.30pm

Thursday 23rd February

- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Family & Community Learning - Craft Hub, Sewing 6.30pm - 8.30pm

Tuesday 28th February

- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Girls & boys handball (U15) - Ormiston Denes Academy 4.00pm - 5.30pm

Wednesday 1st March

- UEA Visit KS4 for mock United Nations Conference

Thursday 2nd March

- World Book Day
- Showcase Rehearsals - Drama 3.10pm - 4.10pm
- Year 9 Parents Evening 4.30pm - 7.30pm

Friday 3rd March

- Year 10 & 11 Careers Fair



Find us on
Facebook

www.ormistonden.es.co.uk



@OrmistonDenes

Our newsletters are also available to view on our website.

Recruitment at Ormiston Denes Academy

We are currently looking to appoint for the following posts:

Teaching Assistant - Closing date 16.02.17 midday

We are looking to appoint an enthusiastic and energetic Teaching Assistant to work with identified groups of students across the academy. We are looking for a team player who has energy, enthusiasm and a caring and calm manner. A commitment to ensuring every young person achieves their potential is essential. This is the perfect place for a passionate Teaching Assistant to bring new, fresh ideas and help transform the opportunities for the local community.

Administrative Assistant - Closing date 17.02.17 midday

We are looking for an Admin Assistant who is well organised, interested in education and working with schools, is able to meet deadlines and enjoys working as part of a team.

Midday Supervisor

We are seeking efficient, reliable, friendly and trustworthy individuals to join our existing team of Midday Supervisors with responsibility for securing the safety and welfare of students during the midday break. You will be working as part of a team of supervisors, and experience of working with children or young adults would be an advantage.

For further details, an informal discussion or to make arrangements to visit the academy, please contact Dawn Carver: hr@ormistonden.co.uk or Tel: (01502) 574474. Application packs are available for download at www.ormistonden.co.uk/recruitment.

There is a no drop-off policy on the academy site. We encourage all who travel by car to drop off at a nearby road which is a short walk from the academy.

We encourage the use of public transport where walking/cycling is not suitable.

Thank you for your support.

Principal's Award for Exceptional Student Response to Feedback



The Principal's Award for Exceptional Response to Feedback has recently been awarded to:

Megan, Year 11 for Mathematics (pictured left)

and

Stephanie, Year 8 for Food Technology (pictured right)

Both students were presented with their certificates by Mr Ben Driver, Principal.



Suffolk Young Carers

Suffolk Family Carers recently brought their bus to Ormiston Denes Academy. The bus delivers information and support and has a comfortable meeting area in which our registered young carers were able to meet with Helen and Jane from Suffolk Young Carers.

Students interested in the work of SYC were invited to visit the bus, whilst registered young carers were invited by appointment.



Helen Blight, Young Carers Adviser for Suffolk Young Carers, visits our academy on a regular basis for a lunchtime drop in session. This enables any of our young carers to go along and chat to Helen and spend time with other young carers. The March drop-in will be on Wednesday 14th March 2017.

For more information please either contact Suffolk Young Carers at www.suffolkfamilycarers.org or telephone 01473 835430. Alternatively contact Ms Mayo at the academy.

Introducing Mrs Carole Budgen, our new Careers Co-ordinator

Let me start by saying I am both sad and happy to be leaving the academy. After the February half term I will be starting a new role within All Together, working with Suffolk's special schools to give independent careers advice to their students. However, you will still see me around the academy as I will be on hand to mentor Mrs Budgen as she begins her new role here.



Mrs Budgen is a qualified careers guidance professional, who brings with her many years of experience of working with young people. She has a particular talent for bringing out the best in the students and she can write an exceptional personal statement!

Initially, Mrs Budgen will be meeting with any student in year 11 who has not had a careers guidance interview. Over the next few weeks, those students who have not seen myself, will be asked to speak to Mrs Budgen. She will also be visiting our new year 11 tutors in form time, so that our students can get to know her better. Mrs Budgen will also be assisting our Heads of House with introducing mentors for some students - a task that I have had great pleasure in carrying out over the last two years.

We are looking forward to our Careers Fair, which will be held at the beginning of March. Mrs Budgen, Ms Mayo and myself are putting finishing touches to organising the day. Over thirty employers, apprenticeship providers and education establishments have agreed to attend. It was widely agreed that last year's event was successful, and we are hoping for a similar response this year. If you have a business that would like to be represented at our careers fair, please let me know.

Lastly, if you have any concerns about your child's post-16 destination, whether that may be college, apprenticeship or sixth form, you can contact Mrs Budgen in the same way that you have made contact with me. Mrs Budgen will be happy to talk to you and ensure that your child has support to make the best decisions about their future when they leave Ormiston Denes. There are details in this edition of the Ormiston Denes Diary about open events at our local colleges and sixth forms. We recommend that you visit all of the providers that your child may apply to; even visiting whilst in year 9 or 10, to start to build a picture of what is available and how different qualifications are changing.

I know you will make Mrs Budgen feel welcome - and it's "Au Revoir" from me rather than goodbye as I know I'll be a regular visitor!

Best wishes,
Claire Ladbrook, All Together Guidance Professional





**Be taught by industry
professionals**

LOWESTOFT
COLLEGE

OPEN EVENING

Monday 6th March • 5:15 – 7:30pm

0800 854 695

info@lowestoft.ac.uk www.lowestoft.ac.uk

St Peter's Street, Lowestoft NR32 2NB

OFSTED GOOD
ACROSS ALL AREAS

EXCEPTIONAL
RESULTS

 **LOWESTOFT**
SIXTH FORM COLLEGE

OPEN EVENING
8TH MARCH
6:00^{PM}-8:30^{PM}



**COME AND MEET OUR FRIENDLY
TEACHERS AND STUDENTS**

WWW.L6FC.ORG • 01502 537000

Lowestoft Sixth Form College
Open Evening - 8th March, 6.00pm to 8.30pm

For students who have learning needs or who may just be feeling fragile or anxious about their next steps, the L6FC Additional Learning Support Team will be on hand at their forthcoming Open Evening. Students with Autism do spectacularly well while at Lowestoft Sixth Form College.

"We are very happy to offer advice, whether students are applying to study here or not. If preferred, they can pre-book an appointment with a member of the team by telephoning

Tracy Squirrel on 01502 535677"

Janet Hogg, Admissions, Marketing and Schools Liaison Co-ordinator

The college will be open from 6.00pm to 8.30pm.



DISCOVERY DAY

MONDAY 13TH FEBRUARY : 9.30AM - 2.30PM

**DON'T MISS
OUT!**



**JUST £5!
LUNCH INCLUDED**

DISCOVER WHAT IT'S LIKE TO BE A STUDENT AT OUR COLLEGE
FIND OUT MORE AND BOOK @ WWW.EASTONOTLEY.AC.UK



COURSE ADVICE DAYS 2016/17

Our Course Advice Days give you an opportunity to talk to tutors, find out about our courses, tour the facilities and ask "is this the next step for me?"

Saturday 4th February 2017 - 9am to 12

Saturday 18th March 2017 - 9am to 12

Saturday 6th May 2017 - 9am to 12

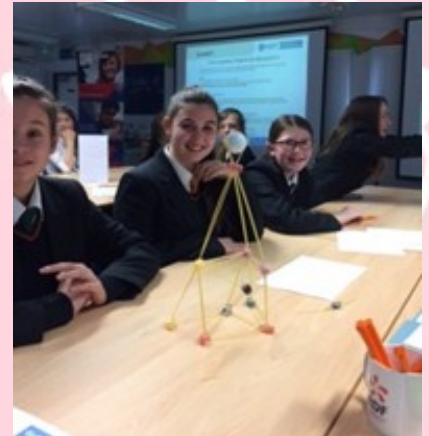


☎ 08000 224556 🌐 WWW.EASTONOTLEY.AC.UK

Go4SET Energy and Your School Project

At the beginning of term our year 8 and 9 girls were given the opportunity to volunteer for this creative STEM project being run by a charity called Engineering Development Trust (EDT) and EDF who run the nuclear power station at Sizewell. Six girls volunteered for the project, Rhiannon from year 9 and Briony, Amy, Ruby, Taela and Katie, all from year 8.

On 19th January we travelled to Sizewell Visitor Centre with Ms Mayo and Mrs Budgen to find out more about how the project works, the competition and who our mentor is. The team had to build a tower using spaghetti and jelly babies that would be capable of keeping a golf ball above the desk. They had limited resources and had to work as a team to design and build the structure.



The team met their mentor, Ashley Challis, who is an apprentice at EDF. Ashley was tasked with supporting and leading the team to complete the project which was to find ways of either reducing energy use in the academy or making energy to reduce the energy bills. Ashley will be visiting us every week and be liaising with the students until they present their completed project on 21st April at Sizewell.

At the first meeting the team had to think about the skills they have and who would be 'in charge' of different areas of the project. They used the project book provided by EDF to find out what roles were available, and then discussed who would be the best person to fulfil that role. There was a lot of lively discussion as to who would be the project manager! Ashley encouraged them to think about working collaboratively and taking responsibility for themselves and the team. The team soon realised that they will have a lot of questions for our Premises Manager, Mr Oldman, about how the academy uses energy, how it is provided in each area and what measures are already in place to reduce consumption. They agreed to have a meeting together during the week in addition to the meeting they will have with Ashley.



This project involves using many creative, science, technology and maths skills. At the end of the project the team have to present their whole idea to a judging panel from EDF - both verbally and using models and pictures. We are extremely proud that our students volunteered to take part!

**Children &
Young People's**
Health Services

NHS

Following a continuing nationwide increase in the number of cases of Meningococcal W disease over recent years, Year 9 students are being offered the MenACWY vaccine. At the same time they will also receive their final, routine 'teenage booster' of Tetanus, Diphtheria and Polio (DTP) vaccine. A consent form has been given to your child, please urgently complete and return to the academy to enable the vaccination to be administered.

The B&B Young Peoples' Theatre Company presents

DREAM THE DREAM THIS EASTER

A musical by **ALAIN BOUBLIL &
CLAUDE-MICHEL SCHÖNBERG**

Based on the novel by **VICTOR HUGO**
Music by **CLAUDE-MICHEL SCHÖNBERG**
Lyrics by **HERBERT KRETZMER**

Original French Text by Alain Boublil & Jean-Marc Natel. Additional
Material by James Fenton. Orchestrations by John Cameron.
Original London Production Directed and Adapted by Trevor
Nunn and John Caird. Original London Production by Cameron
Mackintosh and The Royal Shakespeare Company. School
Edition Special Adaptation Licensed by Josef Weinberger
Limited on behalf of Music Theatre International and
Cameron Mackintosh (Overseas) Limited.

Les Misérables School Edition™

Performed entirely by students


**PLAYERS
THEATRE**
BATTERY GREEN RD, LOWESTOFT

11th - 16th April 2017

Tickets: Child/Concession £10, Adult £12, Family (2 Adults, 2 Children) £35
Box Office 01502 770020 • www.playerstheatre.info

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**Tickets: Child/Concession £10. Adult £12.
Family (2 Adults, 2 Children) £35.**
Box Office: 01502 770020 www.playerstheatre.info

The Orchestra of the Age of Enlightenment

Some of our music students have been offered the opportunity to work on a three month project again, for the second year, with The Orchestra of the Age of Enlightenment (OAE).

This project involves a group of students from our academy, along with students from East Point Academy and Pakefield High School. The students have been working with composer James Redwood and other OAE members. During the course of the project they will be composing a soundtrack to a film about Lowestoft, and then rehearsing it as a group. This will then be performed at The Marina Theatre in an afternoon concert to local primary schools, followed by an evening community concert.

The first workshop day was spent at East Point Academy when the students were introduced to James and some of the OAE members. It began with the students learning about different timings to music by clapping, finger clicking and tapping beats. They then went on to playing their instruments in their respected sections of the orchestra, when they worked together to compose a small 'motif' (section of music) which they combined to begin creating the music for the film.

Once they had come up with five or six different ideas the students then watched the silent movie of Lowestoft and began to put the music to various scenes in the film. To finish the workshop all the students and staff gathered around a piano with James to sing a piece of music which he had recently composed himself.



The students of Ormiston Denes Academy conducted themselves in a very pleasant manner; Mr Ayers could not give them more credit for. All of the students very much enjoyed the first workshop and are looking forward to the next one.

We would like to thank Orchestra of the Age of Enlightenment for offering us this fantastic opportunity. Further updates about the project will be provided in future newsletters.

Photo: Courtesy of East Point Academy Music Dept.

Congratulations Ray!

Congratulations to former senior student Ray Wang who was recently awarded the Daphne King Award for Volunteering in the Community, at East Norfolk Sixth Form College's Awards Evening 2017



Small changes, big differences.



Triple P Teen Group for Parents - May 2017

Ormiston Denes Academy, Yarmouth Road, Lowestoft, NR32 4AH

- Triple P allows parents to choose techniques that work best for them and their families. We provide the information, but you choose the ideas to use and that will work!
- Triple P gives parents proven tips and suggestions about handling common behavioural and developmental issues in their children.
- Triple P involves emphasising positive communication, and planning ahead to prevent a range of issues

PRESENTER

Frances Desborough
Area Parenting Coordinator
Contact Details: 07540 671193

COURSE DATES:

- | | |
|--------------------|----------------------------------|
| 1. Session 1 | Thursday 18th May 6.30 - 8.00pm |
| 2. Session 2 | Thursday 25th May 6.30 - 8.00pm |
| 3. Session 3 | Thursday 8th June 6.30 - 8.00pm |
| 4. Session 4 | Thursday 15th June 6.30 - 8.00pm |
| 5. Phone Session 1 | Thursday 22nd June |
| 6. Phone session 2 | Thursday 29th June |
| 7. Phone Session 3 | Thursday 6th July |
| 8. Session 5 | Thursday 13th July 6.30 - 8.00pm |



www.triplep.net

Join our **FREE** Teen or Family clubs!

Join one of our FREE 10 week programmes, available for both children (aged 4 - 11) and teens (aged 12-17) who want to achieve a healthy weight. The clubs are designed by our experts to give parents support and advice on healthy living, whilst the children get a fun, free physical activity session. The children will also receive a free water bottle and goodie bag!



FIND YOUR LOCAL GROUP HERE:



Lowestoft

Where: Nuffield Health, East Point Academy, Kirkley Run, NR33 0UQ

When: Wednesdays starting 25th January for 10 weeks

Time: 5 - 6pm (4-11 years)

Where: Ormiston Denes Academy, Yarmouth Rd, NR32 4AH

When: Thursdays starting 26th January for 10 weeks

Time: 4:30 - 5:30pm (4-11 years),
6 - 7pm (12-17 years)

Lowestoft Half Term Club

Where: Ormiston Denes Academy, Yarmouth Rd, NR32 4AH

When: Monday 13th - Friday 17th of February

Time: 9am - 3pm (4-14 years)

Beccles

Where: Sir John Leman High, Ringsfield Rd, NR34 9PG

When: Tuesdays starting 24th January for 10 weeks

Time: 4:30 - 5:30pm (4-11 years)
6 - 7pm (12-17 years)



Call: 01473 718193
Email: info@onelifesuffolk.co.uk
Visit: www.onelifesuffolk.co.uk

Some of these dates have now passed, however if you would like to find out more about healthy lifestyles, you can still sign up for either the weekly sessions up to 3 weeks after the start date, or the half term club, by calling the number shown.

Academy Library Competition Winners



We are pleased to congratulate year 7 Inspire House student Nyah who won a recent library competition based on author Jeff Kinney's 'Diary of a Wimpy Kid.'

Mr Waite, Library & Information Manager, said: "We had over 50 entries and the standard of responses was very high."

Runner-up was year 7 Venture House student Del, who won a copy of 'Do It Yourself Diary of a Wimpy Kid.'

Introducing Mrs Emma Pinner - Student Occupational Therapist

We are pleased to welcome Mrs Pinner who is in her third year of studying Occupational Therapy. This is her final year and she has completed placements in a variety of settings.

Occupational Therapy focuses on barriers to function and uses assessments, goal-setting and interventions to reduce those barriers and increase ability and independence.

Mrs Pinner will be focusing on one-to-one work, social, emotional and support groups, and mindfulness.

Mrs Pinner will also be delivering talks in assemblies and supporting an enrichment group.

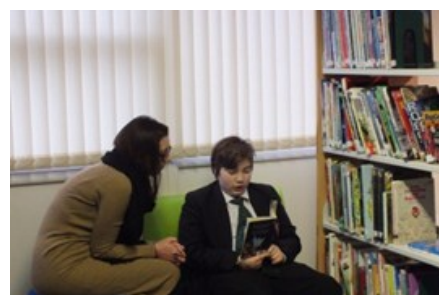
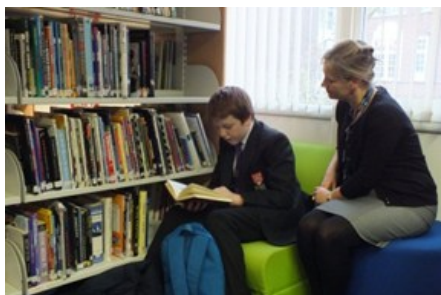


Essex and Suffolk Water - Just an Hour Scheme

Essex and Suffolk Water (ESW) encourages their employees to support community and charitable organisations through their employee volunteering scheme **Just an hour**. This scheme allows employees to give a minimum of 15 working hours every year to support causes.

We approached ESW to see if there would be an interest in supporting a new paired reading programme in our academy, and we are very lucky to now have three of their staff members coming here on a weekly basis to assist with this project. After the half term more members of staff are also joining the programme, which aims to enhance confidence in reading.

Our thanks go to ESW for their commitment and support of this project.





Family and Community Learning

Spring Term Programme 2017



**All Ormiston Denes students, parents, carers
and local community are welcome!**

**This is a warm and welcoming way to learn a new
skill or simply have some fun!**

Just fill in the online booking form (see link below) at least one week before each workshop, pick up a booking form and hand it into Reception OR email

Mrs J Whitehead - Family & Community Learning Leader

jwhitehead@ormistonden.co.uk

<http://workshops.ormistonden.co.uk>

WORKSHOP	DATE	TIME	TUTOR	ROOM
Valentine's Day Cooking	Thursday 9th February	6.30pm - 8.30pm	J Whitehead	T24
Craft Hub 'Sewing'	Thursday 23rd February	6.30pm - 8.30pm	M Rudd/ J Whitehead	T26
Make a Herb Kitchen	Thursday 9th March	6.30pm - 8.30pm	L Hartley	T26
Craft Hub 'Easter'	Thursday 23rd March	6.30pm - 8.30pm	M Rudd/ J Whitehead	T26
Mad Scientist!!	Thursday 30th March	6.30pm - 8.30pm	O Cooper/ J Webster	Science

Family & Community Learning

Craft Event

Several members of our community joined parents and students from our academy in our last workshop for 2016, the Craft Hub, Christmas, on 15th December.



Mrs Rudd gave instructions on how to make some wonderful Christmas decorations out of paper and card, as well as sewing miniature Christmas stockings out of felt.



All this while we sang along to the Christmas music being played.

As our craft workshops prove to be so popular, we have started a monthly Craft Hub.



Success for Ormiston Denes in the U12s Northern Area Rugby Tournament

On 31st January Ormiston Denes Academy U12s won the Northern Area Rugby Tournament at Southwold Rugby Club. Our Year 7 boys kicked off with a 5-0 victory over Thomas Mills High School. In the second game we came close but were unable to score past local rivals Benjamin Britten, and the points were shared after a 0-0 draw. Game 3 saw Ormiston Denes beating Hartismere 10-0 and in the last game we were again victorious over Bungay High School winning 10-0. Try scorers: Ethan (4) and Owen (1). Ormiston Denes will represent the Northern Area in the county finals in March.

Congratulations on a great win!

Team: George (captain), Ethan, Chase, Owen, Joshua, Troy, Aiden, Logan, James, Sidney, Joshua and Cory.



Time to Talk Day

time to change
time to talk
day 2017
let's end mental health discrimination

Time to Talk Day took place on Thursday 2nd February 2017. Conversations about mental health change lives. At the moment, too many people with mental health problems are made to feel isolated, ashamed and worthless by other people's reactions. Being open about mental health isn't difficult, and being ready to listen can make a positive difference to someone's life. This is what Time to Talk Day is all about - giving us all the chance to talk and listen about mental health.

For Ormiston Denes Academy this day involved a mental health presentation, focussing on stress, during form time. This looked at what is and what causes stress, various coping strategies, and who to go to for advice and support. Then, at lunchtime, a number of organisations were on hand to chat to students and answer their questions about mental health. Access Community Trust offered students a survey to complete on general wellbeing, as well as a chat. Emma Pinner, student Occupational Therapist, offered support and advice, with a number of mental health leaflets available for students to take. Fiona Simpson, School Counsellor also offered support and advice to students.

We were also lucky enough to have four medical students from the University of East Anglia (UEA) Headucate project. This is a student run mental health society based at the UEA, whose aim is to raise awareness of mental health in secondary schools; running small workshops to tackle misconceptions about mental health issues and to tackle associated stigma. Although this is the first time they have been into our academy, we are hoping to be able to set up further events in the future.



Staff were also invited to take time to chat, with a social gathering before school and during break and lunch.

Please visit our website to read about how Ormiston Denes supports the mental health of our students.

<http://www.ormistonden.es.co.uk/mental-health/>

OneLife Suffolk

OneLife Suffolk is a partnership between Leeds Beckett University, MoreLife, Quit 51 and Healthier Futures, commissioned by Suffolk County Council.

They offer various support; for weight management, healthier lifestyles, quitting smoking. Full details can be found on the website <http://onelifesuffolk.co.uk/our-services>

One of their services is a children's programme, which is based here at the academy. They offer fun, interactive programmes for children and young people aged 2 to 18, by combining physical activity and games with educational activities. Their programmes are designed to benefit the whole family and are tailored to specific age groups and, amongst other things, cover things like snacking, eating out and takeaways, portion sizes and health choices.

There is a Half term club taking place here, for young people aged 4 to 14, as well as weekly programmes for aged 4 - 17. For more information please go to the website or call 01473 718193.



Helping local people
live healthier lives.

Holocaust Memorial Day

Holocaust Memorial Day (HMD) takes place on 27th January each year. It's a time for everyone to pause to remember the millions of people who have been murdered or whose lives have been changed beyond recognition during the Holocaust, Nazi persecution and in subsequent genocides in Cambodia, Rwanda, Bosnia and Darfur. On HMD we honour the survivors of these regimes and challenge ourselves to use the lessons of their experience to inform our lives today. 27th January marks the liberation of Auschwitz-Birkenau, the largest Nazi death camp. It is important that these events are remembered, and that lessons of the past can inform our lives today and ensure that everyone works together to create a safer, better future.

Students from Ormiston Denes attended our local HMD ceremony which took place at Lowestoft railway station, the location where hundreds of young Jewish refugees arrived in 1938. The ceremony saw wreaths being laid, including one by former student, Joe Flatt, on behalf of Waveney Youth Council. Speeches were read by Nick Webb, our town Mayor, and Mark Bee, WDC chairman, as well as a moment of reflection and recital led by Captain Paul McDonough.



Lowestoft Railway Station Arches Project

As detailed in previous editions of the Denes Diary, students have been involved in a community art and heritage project to transform the arches at Lowestoft railway station. The artwork is all now proudly on display and, at a special ceremony celebrating the opening of the arches, a plaque was unveiled to thank the community for embracing the scheme. Various organisations were involved in the arches project, with two arches being specifically for artwork from the local schools.



Participating schools were tasked with selecting, researching and creating artwork that told stories of Lowestoft's heritage. Our students decided their theme was going to be fish and the fishing industry, a very large part of the heritage of Lowestoft, and produced a number of pieces of artwork to be considered by the judging panel.

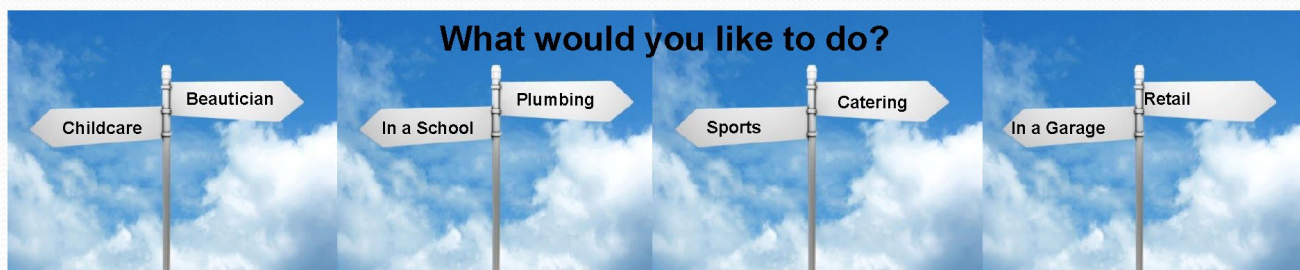


Year 10 students, Hannah, Jenny, Harvey and Marta, attended the opening ceremony to represent the academy, and said it was lovely to see their artwork up in an area where so many people can view it, and felt proud of the work that they had achieved.

Year 10 Work Experience Find Your Own Work Experience Placements

Well done to our students who have found their own work experience placements.

The placements we have are limited, for the best work experience, we would actively encourage year 10 students to find their own placement.



For advice and support, come along to see either Ms Mayo or Mrs Budgen.



**Deadline for FYO Forms
Friday 17 March 2017**



**Ormiston
DENES
Academy**



Art Competition for
Lowestoft area Schools



Design a sign to promote
Reducing, Reusing or Recycling

Prizes worth £100 or £50 of art materials for winning schools

Winning entries will be enlarged and installed at

Lowestoft Recycling Centre

Closing date 5th March 2017



**For further information and competition details
please speak to Ms Mayo in her office.**

Former students awarded at Lowestoft Sixth Form College's Annual Student Awards Ceremony

Congratulations to the following former Denes students who were recognised for their outstanding achievements:

Science Award: **Maathiny Kirupaharan**
(Destination: UCL - Medicine (6 years))



Creative Media: **Eva Maher**
(Destination: Business Administration apprenticeship with CEFAS)



Visual Arts: **Hannah Boyce**
(Destination: BA degree in Fine Art at Norwich University of the Arts)



Performing Arts: **Aaron Lambert and Will Murray**
(Destination: Aaron is looking for the right employment/apprenticeships and Will works at Potters, is gigging and writing music)



Professionalism: **Alice Cheverton**
(Destination: Brighton University - Physical Education with QTS)



Effort: **Charnelle Riggall**
(Destination: UEA - Physical Education)



Technology: **Sophie Smith**
(Destination: UEA - Media Studies)

The guest speaker was Daniella Harrison, also a former student who is in her second year at Queen Mary University of London, studying English and Drama (having left Lowestoft Sixth Form College in 2015). She aims to complete a Postgraduate in Journalism and go into writing about the arts. Daniella reflected on her time as a sixth form student as well as her time at university sending out an important message to the audience about not letting others hold you back and to do what makes you happy.

Full details of the Awards Evening are available at:

<http://www.lowestoftsfc.ac.uk/index.php/news/awards-evening-2016>

Photographs courtesy of Lowestoft Sixth Form College.

(Hannah Boyce is pictured with award sponsors Mrs & Mr Hobb from Ferini Media & Art Gallery)

(Maathiny Kirupaharan is pictured with award sponsor Richard Christmas from ATKINS)



The Holiday

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contact Jed Levett on
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