

Ormiston Denes Diary

30TH MARCH 2017



Spelling Bee Competition



**Auschwitz
Trip**



**Alumni
Giarnni Regini-Moran**



**U14s Girls' Netball
Success**



**RED
NOSE
DAY**

Careers Fair



Boccia Success

**Ormiston
DENES
Academy**



Plus lots more ...

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Follow us on Twitter @OrmistonDenes The Twitter app is free to download. 

Just visit: <https://twitter.com/download?lang=en-gb>

From our Vice Principal, Mr Tony Bown ...

A couple of weeks ago I spent my Saturday morning at Ormiston Denes Academy with more than a quarter of our year 11 students. They had voluntarily come into school to do some revision and preparation towards their summer exams, and this was one of nine consecutive Saturday school mornings that we are running. Attendance has been impressive, and the atmosphere has been supportive and focused, as students work in groups, pairs or individually, with specialist teachers, learning mentors and members of our pastoral team, who willingly give their time to support our students. With a busy Easter Holiday revision programme planned as well, I am proud of the great attitude and determination to succeed shown by these students.

With the advent of British Summer Time, the light evenings remind us all that we have a wonderful summer ahead. As we create our plans for trips and visits, plan family time and look ahead, this is a time that we also need to remember that the pressure on our young people increases. I wonder how many of us adults can remember doing a season of examinations, and I wonder how it makes us feel. We do have a remarkable team at Ormiston Denes, pastorally and academically, but we do need your support to help our students thrive over the next few weeks. While Year 11 sit their GCSEs and final examinations, students across the academy will be sitting exams of various kinds over the summer.

There have been some real highlights over the last term. You will remember that I wrote of our Careers Fair in the last Ormiston Denes Diary. The event was a memorable one, and we were delighted to host visitors from Saint Felix School in Southwold for the first time. Feedback from visitors and stallholders was overwhelmingly positive, telling of our students' great confidence, respect and thorough preparation (please see the article on page 20). Access to the arts is always important, and our students were fortunate enough to see the Royal Philharmonic Orchestra rehearsing for their Lowestoft concert last week. Meanwhile, our PE department has continued to offer a wide range of fixtures and activities, with notable success in handball (Year 8 and Year 11 boys and girls made the area championships, after success in the North Suffolk Schools tournaments), and Boccia (where our talented team of four won the regional tournament and have qualified for the nationals). Red noses were in high demand as we baked the most delicious cakes in the county for Red Nose Day, and our students are becoming increasingly proud of the regular awards they earn in house assemblies.

Plans are being finalised for our Activities Week at the end of next term, and students are now making their choices for summer enrichment. It is sometimes easy to take for granted the wide range of activities our students have access to every fortnight as part of the enrichment programme. The stated aims of the programme are to meet new people, make new friends and share common interests, promoting soft skills for employability and life. Students choose from approximately sixty activities, and it forms an important part of the ODA Enrichment Charter, co-written by governors, staff and students, and published on the academy web site.

As I write this introduction, I am mindful of the wealth of experiences and activities on offer at Ormiston Denes, and the dedication and aspiration of the staff organising and offering those activities. To get a more in-depth insight into the range of activities, please follow the academy on Facebook (@OrmistonDenes) or Twitter (@OrmistonDenes). In the meantime, thank you for your continued support and helpful feedback. I look forward to meeting some of you personally at our Parents' Forum on 27th April.



Find us on
Facebook

www.ormistonden.es.co.uk

Follow us on



@OrmistonDenes

FREE BREAKFAST FOR ALL OUR STUDENTS

Breakfast is available every day between 7.40am - 8.45am in the dining hall.

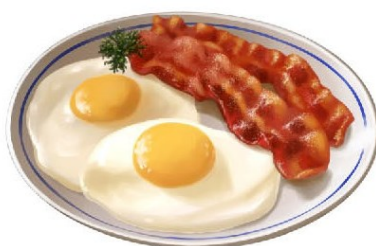
Cereals, fruit, yoghurt, breakfast bars, warm cheesy muffins and toast.

Hot food served between 8.00am - 8.30am.

A full cooked breakfast is available every Thursday (sausage, bacon, egg and beans).

Ormiston Denes Academy breakfasts are a great way to start your day.

There's no charge and no need to book. Just turn up, eat and go!



Ormiston
DENES
Academy



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Academy



**This half term finishes on
Friday 31st March at 3.10pm**

**We return to the academy on
Tuesday 18th April 2017 (Week 1)**



  **Happy Easter** 

Clubs, Intervention & Homework Support 2017

We are pleased to let you know that we have provided numerous additions to our extra-curricular support. The updated timetable is available on our website:

<http://www.ormistonden.es.co.uk/after-school-clubs/>

There is a no drop-off policy on the academy site. We encourage all who travel by car to drop off at a nearby road which is a short walk from the academy.

We encourage the use of public transport where walking/cycling is not suitable.

Thank you for your support.

LOVED BY STUDENTS,
RECOMMENDED BY TEACHERS

SUPPORT YOUR CHILD ON THE PATH TO SUCCESS

Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals! Join the thousands of parents encouraging their children to use GCSEPod to support learning, homework and revision.

"I found GCSEPod especially useful to compliment my knowledge and I'm certain it helped me secure the grades that I have been so happy to receive."

Student quote, 2016

"My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved your Pods and this style of revising."

Parent quote

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod."

P.Hill - Yately School

- Proven to increase results
- 19 exam mapped subjects
- Available online and offline
- Audio visual content
- Builds confidence
- Use on the go, anytime, anywhere

HOW TO LOGIN:

- 1) Go to www.gcsepod.com and click LOGIN
- 2) Click NEW HERE? GET STARTED!
- 3) Enter your child's details and confirm the name of the school they attend
- 4) Create a username and password





High standards and effort displayed at Spelling Bee



Top spellers from six primary schools competed in the fifth Lowestoft Primary Schools Spelling Bee.



The annual spelling event took place at Ormiston Denes Academy Library, and top contenders from Blundeston, Corton, Dell, Gunton, Oulton Broad and Westwood Primary Schools competed for the winning title.

The Year 5 final saw Jack from Blundeston Primary take first place, followed by Isabelle from Gunton Primary take second place, and Noah from Oulton Broad Primary taking third place.

The Year 6 final saw first place won by Amelia from Oulton Broad Primary, followed by Sophie from Gunton

Primary who took second place, and Molly from Oulton Broad Primary who took third place.

Ms Julie Mayo, Transition & Co-curriculum Projects Manager, said: "All students are to be congratulated for their high standards and effort." Each entrant received a certificate in recognition of this.

The winners of the year 5 and year 6 heats battled it out in the final round. Both pupils did extraordinarily well, and Amelia won, retaining the trophy for Oulton Broad Primary School for the third consecutive year.

Mr Tony Bown, Vice Principal, presented all winners with medals, shopping vouchers and certificates.



Mr Bown is pictured with the Spelling Bee Champion, Amelia from Oulton Broad Primary School.

Introducing our Music Ambassadors

Fern, Casey and Bryony have recently been appointed as Music Ambassadors. These students have gone above and beyond in their musical duties; performing regularly both inside and outside of the school community, and inspiring their peers to achieve and grow in confidence.



U14 Girls' Netball Success

On Thursday 16th March the U14 and U13 girls at Ormiston Denes played in a Netball tournament at Bungay High School.

The U14 girls played fantastically well and won the tournament for the Academy. There were 3 wins against Sir John Leman High School, East Point Academy and Benjamin Britten and a draw against Bungay High School.



Francesca and Destiny formed an excellent defensive team and only conceded 2 goals in the entire tournament. Star player goes to Ellie for dominating play on the wings and extra credit to Anya who swiftly took on a different position after the team suffered injuries, yet maintained excellent play. Team morale remained high throughout the competition and the hard work and positive attitude from the girls allowed them to take 1st place.

The U13 team played well against some strong opposition. They secured a draw against Pakefield and narrowly lost their other games.

This U14 tournament was the first netball win for Ormiston Denes in many years, making this result extra special. Well done to the U14 team who were Francesca, Destiny, Chelsea, Millie, Ellie, Katie, Anya, Holli, Ava and Ellie. Well done to the U13 team of Aleesha, Samantha, Mahek, Caitlin, Carlota, Lucia, Rysia and Sarah.

Congratulations to our U14 girls' team and a big well done also to our U13s who performed extremely well.

East Coast Maths Challenge

Eight students from Ormiston Denes Academy teamed up with students from Poplars Primary School and Lowestoft Sixth Form College to compete against other local high schools in the annual East Coast Maths Challenge. Students worked in teams to solve problems and complete challenges including code breaking and tower building. The competition is targeted at the gifted and talented mathematics students in the town to give them additional challenge and promote further study in the subject.





Student Spotlight

Congratulations Ashtenrose!

During the half term break, year 8 Enquire House student Ashtenrose spent six days competing at the Sudbury Dance Festival, hosted by Ormiston Sudbury Academy. The Dance Festival is part of the Sudbury Festival of Performing Arts.

Ashtenrose took part in 19 sections; being placed in 17 and placed 4th in the other two. Three medals were awarded to Ashtenrose:

Junior National Solo - highest mark overall

Modern Improvisation - highest mark across all ages

Overall Aggregate Award for her age

... and that wasn't all! Ashtenrose was also presented with the Adjudicator's Choice Personality Cup.



Our Young Writer!

Congratulations to Year 10, Endeavour House student Nicola, whose poem has been published in Young Writers' 'Busta Rhyme - UK Poets' anthology.

Nicola was encouraged in her enrichment group to enter the annual nationwide competition; the brief being to "wow us with their words and bust out their bard side!"

Nicola's verse is entitled "Anxiety" and students are able to view this edition in the academy library, along with previous years' books in which Ormiston Denes students have also had their works published.



Lexia Superstar

Inspire House student Leah has recently completed 293 units in 1684 minutes which is no mean feat! Lexia develops literacy skills in six areas of reading, and completion ensures good progress in all lessons. Congratulations Leah.



Well done and thank you to Enquire House students Rosalie and Marisa for supporting Year 9 students with their reading.

Science Competition Winner

Well done to student Daniel who is now the proud owner of a roarsome T-Rex! Daniel wrote an excellent piece based on how life would be different living inside a computer game and the pros and cons of doing so. Great work Daniel.

Thank you and well done to all entrants.

Thank you to Past Impressions Crystal Shop who very kindly donated the prize.



Year 11 Revision

What's On...

Core **Saturday** Revision Sessions:

Timings: 9.00am - 9.30am - **Breakfast** in Dining Hall

9.30am - 10.45am - Period 1

10.45am - 11.00am - Break

11.00am - 12.15pm - Period 2

25th February - **English** . 4th March - **Mathematics** . 11th March - **Science**

18th March - **English** . 25th March - **Mathematics** . 22nd April - **Science**

6th May - **English** . 13th May - **Mathematics** . 20th May - **Science**

Regular Revision Sessions:

General Science

Every Tuesday after school (Library)

English

Every Wednesday after school
(English Dept)

Mathematics

Every Thursday after school
(Mathematics Dept)

Triple Science

Every Friday after school (S34)



Ormiston
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Academy

Auschwitz Trip February 2017

After nine months of planning, twenty seven students and three members of staff embarked on a journey that would take them to one of the world's most significant historical places.

The main focus of the trip was to visit the Birkenau camp at Auschwitz, a concentration and extermination camp, one of the death camps used by the German military in World War II.



The students were shown around this camp by a tour guide, who explained the history of these death camps. The enthusiasm with which the students engaged with the guides, and the level of questioning from them, was outstanding, and the students said that the whole experience of the day is one that will live long in their memories.

It was a very emotional and moving experience for everyone involved, and many students commented they had never appreciated how terrible people could be to other human beings. For example Morgan declared "I can't believe how human beings could treat each other in this way." The visit was also successful from an educational point of view; Harry observed that "This visit has really helped me to understand what we were taught in class."

Behaviour was exemplary throughout the trip, and the students conducted themselves throughout the three days in a way that was a great advertisement for the academy and for the students themselves.

Special mention must be given to Danielle and Harry who showed outstanding leadership qualities, supporting the younger members of the group during the tour.

The trip would not have been as successful as it was without the sterling work of Mr Pinner and Mrs Chitty, who supported the students at every stage of the trip.

In summary, the trip to Auschwitz was an unforgettable experience for everyone that made the journey, and one of which I am proud to have played a part.

*Mr J Rowbotham
Head of Humanities*



Railway track passing through Birkenau where prisoners arrived by train.



Gas chamber that Germans blew up as enemy forces arrived.



Entrance to Birkenau, which was shown in the film 'Schindler's List'.

Family & Community Learning



The wind was howling around the school and the rain was lashing down, but, the Craft Hub (our monthly crafting workshop), celebrated the anniversary of Dolly the Sheep, by making some Springtime toys, mobiles and hanging ornaments.

The sewing skills of some of the local primary school students were amazing and everyone left with something that they had made.



Year 10 Work Experience

"Find Your Own"

Work Experience Placements

Well done to our students that have found their own work experience placements.

The placements we have are limited, for the best work experience, we would actively encourage year 10 students to find their own placement.

Use the Easter holidays to secure yourself a placement.



For advice and support, come along to see either Ms Mayo or Mrs Budgen.

Ormiston Denes Academy Enrichment Charter

Our aim is to inspire young people to develop their skills, talents and character through a wide range of activities, to use their curiosity and creativity to find new ways of achieving their potential and to have the confidence, drive and resilience to follow their dreams.

We want every Ormiston Denes Academy student to have the opportunity to:

1. **Experience the Arts and Culture** through visiting galleries and museums; attending live theatre, dance and classical music performances; participating in school productions; understanding world arts, culture, music, art and dance; appreciating arts and culture in a wide range of media and styles, both inside and outside the academy.
2. **Experience the world of sport** through attending professional events/games, participating in competitive sports, developing their own knowledge and understanding of healthy living.
3. **Visit British places/regions outside our local community** through trips or visits to other British cities/regions to broaden their horizons.
4. **Experience cultures and countries inside and outside the UK** through overseas trips, exchange visits, and collaborative links with schools to promote respect and tolerance for other cultures and ethnicities.
5. **Be a good neighbour within our local schools and our local community** through volunteering, fund raising, supporting local organisations/groups, supporting transition activities, and being involved with community events to build mutual respect.
6. **Experience the world of work** through enterprise activities, work experience, internships, business links, collaborative projects, external mentoring.
7. **Develop character** through developing life skills including leadership, communication, teamwork, problem solving, confidence building, motivation and resilience.
8. **Make a positive contribution to society** by, for example, mentoring younger students, running a club, or involvement in student leadership.
9. **Understand and promote British values** through developing an understanding of current affairs in the UK and across the world, understanding democratic processes, rights and responsibilities, and understanding issues that affect our health and emotional well being.
10. **Develop lifelong interests and skills for life**, by, for example, cooking, eating in a restaurant, self expression, financial literacy and budgeting, planning a journey, understanding the influence media and technology has on society.
11. **Learn outside the classroom** through expeditions; learning survival techniques, scientific investigations/fieldwork, self sufficiency, developing understanding and appreciation for the environment//nature/countryside.

With thanks to Deputy Head students, Joseph and Bryony, who worked with the CCSC committee to produce and finalise this document.

March 2017

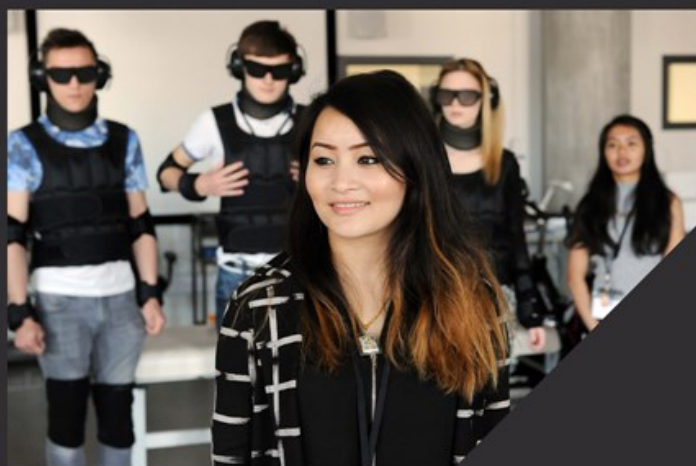
HIGHER EDUCATION FAMILY AWARENESS DAY

Saturday 29 April 2017
11.30am–3.00pm

University of Suffolk
Waterfront Building,
Neptune Quay,
Ipswich IP4 1QJ



Students in Year 7, 8 or 9 and their parents are invited along to our Ipswich campus to find out more about studying a degree at university.



Are you interested
in finding out more
about higher
education?

Do you have a child
in Year 7, 8 or 9?

To book a place please visit
www.uos.ac.uk/fad
by Monday 24 April 2017

For more information, contact
r.jansenvanryssen@uos.ac.uk
or call 01473 338437

This is a fantastic opportunity to learn more about university and to meet with current University of Suffolk students.

The programme will include:

- Sessions to find out more about higher education
- A campus tour
- Fun activities for students
- Buffet lunch

Alumni

It is with great pleasure that we introduce a very high profile alumni.

Giarnni Regini-Moran - High-level Gymnast

At the young age of 18 years old, Giarnni has already achieved the following:

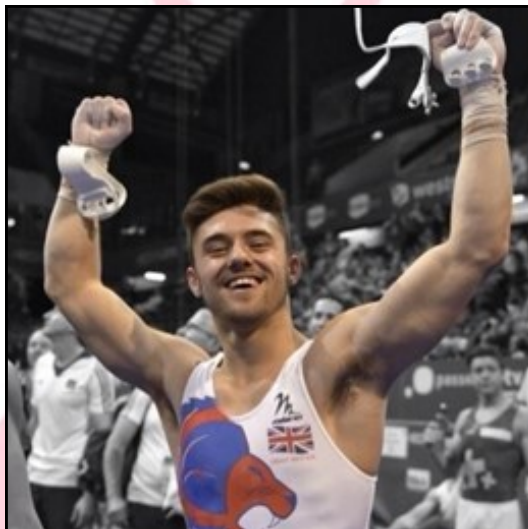
2016 Junior European Championship all-around and floor champion

- 2016 Junior European Championships all-around and floor champion, vault and parallel bars silver, team gold
- 2016 British Championships U18 vault, parallel bars and high bar champion, all-around silver, Masters vault champion
- 2015 British Championships U18 all-around, floor, rings, vault and parallel bars champion, Masters floor and vault champion, parallel bars silver
- 2014 British Championships U16 all-around, floor, vault and parallel bars champion, Masters floor silver

Giarnni started at the Denes in September 2011 in year 9, aged 13. This is what he told us:

"School for me was just about seeing my friends and getting a basic education. I have never been an academic person and always concentrated more on my sport or physical education. The teachers were very supportive towards my Gymnastics. I hung around with the people that always got in trouble but the memories I have from school were worth the telling offs! Ha ha! I always had this vision: a belief that I was going to make it as an athlete and that was going to be my job.

Unfortunately, my coach left Waveney Gymnastics Club and moved up to a great facility in London called Europa. If I wanted to follow my dreams I would have to move there too, so mum and dad took a long hard think and agreed that we would have to take the risk. It started off with dad driving me to London every night! When eventually it got too much, we found a house that we could rent and we moved.



I did it - European Champion!

It all started for me in 2014 when I was selected to go to the Junior Europeans which was held in Bulgaria. Now this was taking place at the same time as my GCSEs ... so what did I choose? I chose to compete obviously!

The first day was team comp and we won Gold! It was the best feeling in the world knowing that all the hard work had paid off. I then qualified for the Floor and

Vault Final which was a few days later. Unfortunately, the night before the final I rolled my ankle off a huge curb! I was in pain and on crutches the night before my final. My coach took me to the hospital because I was certain that I was still going to compete. It turned out that I had partially torn some ligaments. The medical team didn't want me to compete, but nothing was going to stop me! So they gave me loads of painkillers and made me sleep with my foot in the ice machine. The next day arrived and, with my foot taped up, I proceeded to win floor and silver on the vault! I couldn't even describe how I felt.

Continued ...

After that I healed well and got back to the bouncy me.

A few months later was the Youth Olympic Games. My team mate was supposed to be competing, but couldn't due to a back injury, so they asked me to step in. I became Youth Olympic Champion AA (all-around), FX (floor exercise), VT (vault), and Bronze on PB (parallel bars) and HB (horizontal bar).

Most recently, in May 2016 I became Junior European champion AA, FX, VT silver medalist on PB.

Unfortunately, two days before the Olympic trials I slipped off the high bar and snapped my PCL (posterior cruciate ligament), partially tore my MCL (medial collateral ligament) and hamstring, then chipped a small part of my tibia which made it impossible to attend the trials.

My motivational icon/hero is Conor McGregor. He is a professional UFC fighter and a true inspiration."

Giarnni is currently rehabilitating his knee due to the injury and is therefore busy with strength and conditioning every day. He is hoping to compete again in December in The United States.

"Whatever you want to achieve in life, you can achieve. You have to do whatever it takes to achieve that goal. There will be times when you fail or have to face adversity, but don't give up. Learn from it, and go and achieve what you dreamed of doing."

"All men dream, but not equally. Those who dream by night in the dusty recesses of their minds, wake in the day to find it was vanity: but the dreamers of the day are dangerous men, for they may act on their dreams with open eyes, to make them possible."
- T E Lawrence



Our thanks to Giarnni for sparing some of his precious time to share his memories and achievements with us. We are pleased to extend an open invitation to Giarnni to visit us when he is in the area.

*Mrs J Durrant
Marketing & Communications Officer*

Please visit our website for details of more alumni:
<http://www.ormistonden.co.uk/alumni/>

Student Voice - influencing the curriculum

We recently sent a questionnaire to all students to gauge their feelings about a number of areas of our curriculum. We asked them what aspects of lessons they thought were the most important, and we asked for their opinions on what we did well, and what we could improve. We analysed their responses, which have resulted in some really key, insightful questions for curriculum leaders to consider. These questions have already been discussed by the senior leadership team, and they have been further refined ready for discussion with our student council. After discussion with the student council, we will bring all the responses together and ensure that they form part of our planning for the new academic year, starting in September.

This also gave us a good opportunity to ask our students how they felt about our recent transition to a four period day. We were impressed by the depth of understanding, and the quality of considered responses that students offered. A selection of students' quotations is below.

On the change to a four period day:

"It's a really good change because we get to do more lessons and get a better education."

"Now it has become a 75 minute lesson we have more time for more lessons in a day which increases the overall things you have learnt in one day."

"I think it is a better change because we focus more."

"I like it because it gives us more time in different lessons which we would only be getting two times a week, now three. I feel this really helps me."

"We now have a lot more lessons of Core subjects which allows us to learn a lot more."

On what students most appreciated about Ormiston Denes Academy:

"In some classes we have a chance to do group work with people of our choice."

"The teachers, because they have an impact on the students' learning and motivation to learn."

"Most of the teachers explain things really well and I feel I am getting the full extent of education I deserve."

"Discussions across the classroom, sharing ideas to see different perspectives/techniques and being able to see why somebody else may do something one way and why they find it easier to allow a more understanding social environment within the school."

"The teachers are kind and help us when we need help."

"Having a good environment in lessons."

"The nice polite atmosphere."

GCHQ's CyberFirst Girls' Competition 2017

Two budding cyber security students are being celebrated for doing "some amazing work in their own time, at lunch time and after school" said Mr Kerry, our Online Safety Lead. CyberFirst Girls' Competition is run by GCHQ, providing a fun and challenging experience to inspire the next generation of young women to choose a career in cyber security.



Endeavour House students Rebecca and Holly, along with Nicola, took part in a total of 14 challenges in the online qualifying round, which involved numerous tasks and locating code. Each successful challenge gained them tokens in order to enter the next.

Despite the fact that they did not qualify for the next round, these students should be congratulated on their hard work and dedication.

Online Safety Mentors

Our student Online Safety Mentors are available to all students for advice and support every Tuesday lunchtime.

Visit our website for comprehensive information and safety guides about online safety:
<http://www.ormistonden.co.uk/online-safety/>

The Online Safety Mentors

Our team of student Online Safety Mentors.

They are:

Joseph



Lucy



Finn



Maddison



Bryony



They are available for advice and support during lunchtimes on Tuesdays in the Aspire Centre Conference Room.

RED NOSE DAY

Red Nose Day

Red Nose Day merchandise was on sale all week in the lead up to Red Nose Day on Friday 24th March.

Sales resulted in a total of £144.

A cake sale was held at break time. Our thanks to parents/carers, staff and students for donating some fabulous cakes.



Sales resulted in a total of £134, with the remaining cakes (just a few!) being sold at lunchtime.

Pledges were made by Mr Barker to buy one of the large Maltesers cakes for £15, and by Mrs Buckenham who pledged £10 for another.



We have supported the Maltesers #bakeamillion incentive where for every photograph shared of a cake decorated with Maltesers, Maltesers will contribute £5 towards a total donation of £1 million.

A lunchtime karaoke session was also held; entry by donation.



**THE GRAND TOTAL RAISED
WAS £344**

RED NOSE DAY

New Wolsey Theatre production of "Alfie Strange, Trained Time Travellers only"

Recently, we were pleased to host the New Wolsey Theatre production of "Alfie Strange" - an event funded by Lowestoft Cultural Education Partnership and Lowestoft Rising.

Alfie Strange is an introduction to the idea of 'values' for children in school years 3 & 4. The play uses an adventure through history as a way of introducing the students to events, characters and stories that reflect the British values of:

- Democracy - making decisions together
- Rule of law - understanding that rules matter as cited in Personal Social and Emotional development
- Individual liberty - freedom for all, making choices and taking responsibility
- Mutual respect and tolerance for those with different faiths and beliefs, treating others as you would want to be treated

It was a pleasure to welcome so many Year 3 students from all the North Lowestoft primary schools, all of whom thoroughly enjoyed the show!



Inter-school Boat Challenge

Ormiston Denes Academy came home with pride intact even if we no longer wear the crown. The team comprising of Finn, Abishek and Keiran received an honorable mention for their hard work and ambitious design but didn't quite get the ballast right and tipped over.

The girls' team had a very competitive design except for a small piece that hung in the water and caused them to go in circles.

All of the teams had excellent attitudes throughout and displayed the sort of team work and leadership skills the STEM event was aiming to develop. They had fun and developed an appreciation for how boats are designed, especially the value of a keel, rudder and correct ballast.



Easter Holidays Activities!

Come & get busy at the Marina this Easter!

Mon 3 – Thurs 13 April 2017

Make It Up!

Monday 3rd April

Transform yourselves & each other with professional stage make-up techniques, tips & tricks.

5-8 year olds – 10-11am: £4

9-16 years - 11am – 1pm

£8/7

Musical Theatre!

Tues 4th & Mon 10th April

Leap into the world of Musical Theatre with our talented & experienced team!

5-8 year olds – 10-11am: £4

9-16 years - 11am – 1pm

£8/7(YT)

Fight Club!

Wednesday 5th April

Learn the basics of stage combat, how to create realistic (but perfectly safe!) fight sequences.

9-16 years - 10am – 12noon £8/7(YT)

Tale Chasers

Thursday 6th April

Do you have a head full of stories? Learn how to spin a tale out of nothing for your audience!

9-16 years - 10am – 12noon £8/7(YT)

Song Writing

Friday 7th April

Could you be the next Ed Sheeran? Come & learn skills to compose your own songs.

13-16 years - 10am – 2pm £16/14(YT)

Blood, Guts & Gore

Tuesday 11th April

Get 'hands-on' & let your imagination run wild with fake blood, gaping wounds and fake eyeballs!

9-16 years - 10am – 12noon £8/7(YT)

Theatre Games Challenge

Wednesday 12th April

Come & learn new games like Splat, Palm Trees, Zip, Zap, Boing & Questions Only.

Will you be the Marina Master?

9-16 years - 10am – 12noon £8/7(YT)

Play in a Day

Thursday 13th April

Up for a challenge? Join us & play from first idea to opening night in the blink of an eye.

There will be a performance to friends and family at 3.30pm.

9-16 years - 10am – 4pm

£25/£22(YT)

Places are limited – book early to avoid disappointment!

***** Book a workshop & on the day, we'll give you a 2-for-1 cinema voucher free! *****

To book, contact the Box Office on 01502 533200 or online at www.marinatheatre.co.uk!



Royal Philharmonic Orchestra rehearsal at Marina Theatre

On Friday 24th March 2017 a small group of students had the opportunity to attend The Marina Theatre in Lowestoft to watch the afternoon rehearsal, prior to the evening performance, of The Royal Philharmonic Orchestra (RPO).

This was a wonderful opportunity for students to watch a prestigious world renowned orchestra performing, and appreciate the dedication and professionalism of the musicians involved.

Students got the chance to watch and listen to the orchestra practising pieces from their evening entitled 'Beethoven Symphony No 5' which included Mozart: The marriage of Figaro overture, Eine Kleine Nachtmusik and Mendelssohn: Violin Concerto.



We received some wonderful feedback which we are very proud to share:

"Please could you congratulate your staff and more importantly your young learners who attended the Royal Philharmonic Orchestra's Open Rehearsal. The young learners' attitude, appreciation and behaviour was beyond impeccable!!!! They were a total credit to the school and the attending staff."

The students were really impressed with the performances and thoroughly enjoyed this exciting experience. Our thanks go to the Marina Management and Friends of the Theatre for allowing our students this opportunity.

Easton
& Otley
College

COURSE ADVICE
DAYS 2016/17

Our Course Advice Days give you an opportunity to talk to
tutors, find out about our courses, tour the facilities and
ask "Is this the next step for me?"

Saturday 6th May 2017 - 9am to 12



08000 224556  WWW.EASTONOTLEY.AC.UK

400 students learn about future opportunities at ODA Careers Fair

On Friday 3rd March nearly 400 students from years 10 and 11 attended the second annual careers fair at Ormiston Denes Academy. This event is complementary to the careers education and guidance delivered by our Guidance Professional. This year, we invited Year 11 students from Saint Felix School with whom our most able students are invited to apply for a scholarship on an annual basis.

"Students were well prepared, asking useful questions" - Lowestoft Sixth Form College

"Students were very well briefed and polite" Waveney District Council

Throughout the day, students took the opportunity to speak with providers, gaining valuable information relating to further education, apprenticeships and careers. For our year 10 students, this was a valuable opportunity to explore their post-16 options in preparation for a Progression and Employment Day to be held in June this year, when they will attend the Lowestoft College and Sixth Form College to experience different subjects.

"Well organised, students very engaged." EDF Energy

"Very proactive, well behaved students." Lowestoft College

Year 11 students attended the fair last year and took advantage of this event to find out even more about opportunities available to them with their chosen college/sixth form, or to discover more about apprenticeships available in various sectors.

"Good - we received lots of sign-ups and students were engaging." Suffolk County Council Apprenticeship Scheme

"Young people were really engaged and a credit to the school." MyGo

"Really brilliant. Thank you for inviting us and for all your hospitality and excellent care." Great Yarmouth College

Students told us:

"Very helpful with everything I wanted to know" - Melissa, Year 10

"I found out that there are a lot of criminology and psychology courses at university" - Mia, Year 11

"Learned a lot ... such a great experience" - Demi-Marie, Year 11

Tony Bown, Vice Principal, thanked all the businesses and providers who attended, adding: "thanks for the excellent feedback about our students. We were proud of their mature approach, and at how well they interacted with the visitors. Year 11 and Year 10 students gave some real thought to future opportunities, and were receptive to advice. The feedback from one of our providers was that "students were well prepared, asking useful questions."



The academy boasts a figure of 98% year 11 leavers moving on to further education in September 2016.

To view more pictures from our Careers Fair day, please visit our Facebook page.

Please see our website for further information on [student enterprise, careers and post-16 options](#)

BE IN YOUR MATE'S CORNER

1 in 10 young people will experience
a mental health problem this year.
If your mate's acting differently, step in.

- 1 Text, call, reach out
- 2 Listen, don't judge
- 3 Do something together

time-to-change.org.uk
#inyourcorner

time to change

let's end mental health discrimination

Funded by



Run by



Double win places ODA Handball teams in County Championships!

Ormiston Denes Academy was pleased to host the annual North Suffolk School Sports U15 handball competition on the afternoon of Tuesday 28th February 2017.

The boys' competition got off to an explosive start with ODA competing with The Benjamin Britten Music Academy, only for ODA to win with a 7-0 victory. This was quickly followed by the girls' match between the two schools, which started slowly but eventually saw a 3-2 result to ODA.

An excellent game between girls from Pakefield High and BBMA saw the result in normal time being a draw. However, a tense penalty shoot-out saw Pakefield win through.

The final result in the girls' competition saw a Pakefield v ODA play off for a place at the County Finals with the ODA captain scoring 5 goals to secure the championship for the second year in succession.

The boys' event also finished with a Pakefield v ODA final game, which ODA dominated with some excellent tactical play to neutralise the Pakefield attack.

Both the boys and girls go through to the County Championships later in March, with a chance to better their runners up finish last year.

U15 Handball County Championships Final

The U15 girls' handball team played their two round robin games and have secured one win over Farlingaye 2-0 with captain Chelsea scoring both goals. They then went on to lose to Thurston 9-1 with Monika scoring the only goal for ODA.

The U15 boys' handball team made two brave displays in the group matches at the county finals. However, they narrowly lost to Copleston High School and Thurston Community College. Then after leading in the 5th place play off, they fell victim of a wonderful comeback by Hartismere and conceded 5th place losing 5-6. There were resounding displays by the whole ODA team, but they were unable to repeat the dominance they displayed in the qualifying rounds.



Thanks to Lowestoft Sixth form for supplying the officials and Jeffrey Hoey, Competitions Manager for organising the events.

U13 teams join our U16s on road to area Handball Championships

Ormiston Denes Academy are once again celebrating after double success in the North Suffolk School Sports U13 handball competitions. Ormiston Denes hosted the event for the third successive year, with Jeffrey Hoey organising, and support from Lowestoft Sixth Form College students.

The boys' competition was competitive with teams from Pakefield High School, Benjamin Britten Music Academy, and two ODA teams. ODA 'B' won their first two matches, with the A team winning one of theirs, meaning the Bs qualified for the final against Pakefield.

ODA girls went through the competition unbeaten, playing some exciting handball against BBMA and PHS. Most notably was the see-saw game between East Point Academy and ODA which could have gone either way, but eventually saw a narrow win for ODA to take the area championships.

The boys' event finished with a Pakefield v ODA final game, which ODA dominated with some excellent tactical play to neutralise the Pakefield attack. A final score of 2-1 saw both the boys and girls go through to the County Championships later this month.



1st Oulton Rainbow Guides

We take links with our community very seriously at Ormiston Denes. Our Science Department entertained the 1st Oulton Rainbow guides whilst introducing them to the magical world of Science.



"The girls all came to earn their Science badges, and one of them proudly proclaimed, "It will be my first badge!" A local year 9 student who regularly helps with this group said that it is good how 'they learn things and discover how they work. It is exciting for them.' " - Mr Bown, Vice Principal.

We are pleased that 1st Oulton Rainbow guides had an evening to remember and look forward to seeing them again!

Boccia success!



On Thursday 2nd March 2017, four of our students took part in the Regional Boccia Tournament at The Ashley School Academy Trust.

Boccia is a disability sport that tests muscle control and accuracy and has been a competitive sport in the Paralympic Games since 1984. Players are required to bowl balls to land close to a target ball, similar to bowls.

The day was a huge success and enjoyed by the participants of all schools. Congratulations and well done to Stephanie, Tia, Harry and Keane who worked brilliantly as a team and won the Regional Championship and are through to the Nationals.



Picture courtesy of North Suffolk School Games

Accelerated Reader Word Millionaires

Word Millionaires is a really enjoyable motivator to ensure students read! Who wouldn't want to become a 'millionaire' and join this exclusive club? Accelerated Reader (AR) records the word count of all quizzes passed on books read. Students are enthused by the challenge of reaching - or even exceeding - this illustrious target and can feel truly proud when they become a Word Millionaire.



Lucy



Ellie

World Book Day

On 2nd March our staff promoted their love of reading by dressing as their favourite book characters. Our students held a lunchtime karaoke session to raise funds for Cancer Research UK.



The Friends of Cliff Park

presents

A night of 1940s Dance

Friday, 5th May

Come and enjoy an evening of
1940s dance with the

Baker Boy Collective

Cliff Park Ormiston Academy
Kennedy Avenue, Gorleston
NR31 6TA

Open to the Public
7.30pm until 11pm

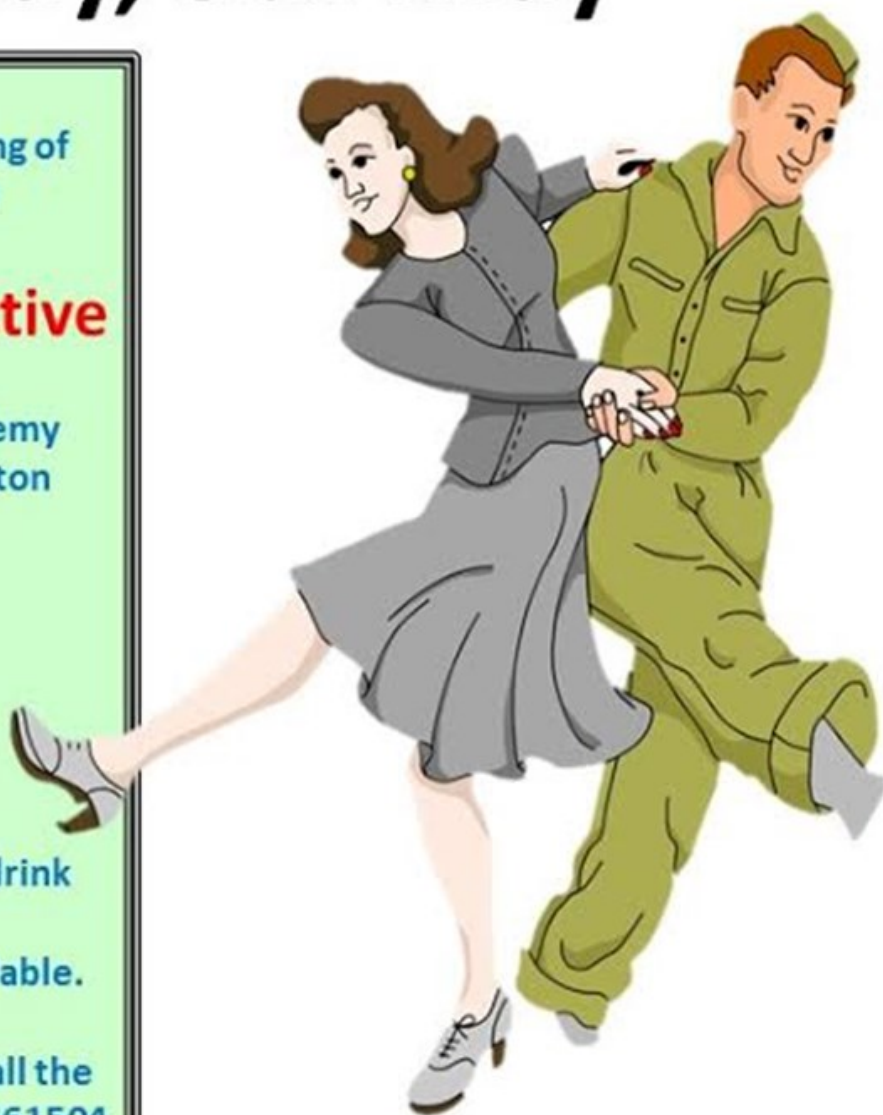
Tickets: £5

Bring your own food and drink

Tea and coffee will be available.

To reserve tickets, please call the
Academy Office on 01493 661504

DRESS TO IMPRESS



*All profits go to the 'Friends of Cliff Park' fund,
used to enrich students' experiences at CPOA*

A NIGHT for YEAR 11 TO REMEMBER



PROM 2017

CARLTON MANOR HOTEL, Chapel Rd, Carlton Colville NR33 8BL

Dress to Impress...

Friday 7th July
7:00pm—Midnight

