



Ormiston
DENES
Academy



Ormiston Denes Diary

JULY 2017

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Just visit: <https://twitter.com/download?lang=end-gb>

From our Vice Principal, Mr Tony Bown ...

We held our first ever charity week last week. Student Voice, through Mr Cooper, put together an outline proposal earlier in the year to run a whole week's charitable activities, raising money for Cancer Research UK, and we have added detail to this plan through the year. We sold cakes, have been treated to karaoke of the highest standard, and held a non-uniform "wear it pink or blue" day as well as some charitable shenanigans involving brave volunteer staff. Wednesday, was a day of physical exercise. While we ran a row-a-thon and a cycle-o-thon (if there are such things) in the academy Entrance Hall all day, thirty-one of our intrepid students undertook a sponsored walk from Southwold to Lowestoft. The route we took was sixteen miles (26 km), and it was a real privilege for me to be able to join the group.

Spending quality time with our students is always wonderful, and being able to do that for a day away from the pressures of the curriculum and exams, out in the fresh air, is special. I have had many conversations about ambition, ideas, opinions, and many random subjects. The range of personal reasons for wanting to raise money for this worthy cause was extensive and humbling. Every one of the students completed the walk, against a strong wind and, at times, in some very soft sand. There was not a single complaint, and members of the public stopped staff and said how impressed they were with our students (one even made a donation). Our students' behaviour was exemplary, and they helped each other, including breaking out into song to keep everyone's spirits high. The total fundraising of this small group of students was over £1750; simply staggering. This will be added to the rest of the money raised during the week to give an overall total.

I have stressed before how much we value the enrichment programme at Ormiston Denes Academy, and this was a fine example of why we need to give students opportunities to succeed outside the curriculum, as well as academically. A week ago, students in years 7-9 took part in our first full Activities Week. Our talented and dedicated staff planned and delivered a successful, engaging range of carefully constructed activities, in and out of the academy, to give students opportunities to work in teams, to participate in unusual activities, to challenge themselves, to communicate effectively and to take a risk, trying their hand at something new. Feedback from students and staff was overwhelmingly positive, and the benefits for students in preparing them for the 'softer' skills that are necessary in employment, college and life generally are clear.

Academically, we have kept pressure on our students this year, as every student in every year group has undertaken end-of-year formal examinations. Results from these will feed into the final academic reports, which you will have received before this Ormiston Denes Diary is published. Meanwhile, year 11 students maintained their admirable attitudes right through the exam season, and a small number are still coming in to complete elements of courses to maximise their grades and their opportunities for next year. We are immensely proud of them. They had a deservedly fabulous prom at Carlton Manor on 7th July, and we wish them well in all their future endeavours.

Year 10 had a formal graduation assembly, where they officially became year 11 students, under the wing of our Director of Year 11, Mr Senior. This was a chance for us to remind students of our expectations of them, and of what they can expect from us, and will send them into their summer holiday with a clear idea of their priorities.

On the subject of summer, I would like to return to my underlying theme of enrichment. With six weeks ahead, there are so many opportunities for students to be enriched. For many students summer becomes a chance to lay in bed, snooze, play on the computer and stay in their bedroom. For me, this is the time to use our local community. Head to the beach, go for a walk, get on your bicycle, play a game of football, meet a friend, or try something new. To that end, we have included in this issue a newsletter from Lowestoft Rising which identifies a range of locally funded opportunities for young people to get involved with over the summer, and I encourage every student to try something from the list.

Thank you all for supporting the academy this year, a time of change, as we continue to strive for improvement. I wish our students an enjoyable break, a good mixture of rest and activity, and not forgetting to wash the dishes from time to time! This is a chance for you to charge your batteries so you can come back ready for the rigours of a new academic year in September.



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www.ormistonden.co.uk

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@OrmistonDenes

Our newsletters are also available to view on our website.

A word from Mr Aldous, Head of PE

It's time for me to hang up my colourful trainers as I move internally from Head of PE to Assistant Principal at Ormiston Denes Academy, so a good time to reflect on the three busy years we've had in sporting terms.



We have a PE kit the students are proud to wear, both in school and at fixtures. We have a reputation amongst the North Suffolk Schools partnership as the school that has a team (or 2) for every event going, and this was something I really strived for the department to follow; if ever there was a sporting opportunity, we were there, representing our school and community. Finally, we have the academic success of this years BTEC results, which I'm enormously proud of the students and staff for their hard work.

There have been some memorable fixtures and competition moments: The Year 10 football league win this year, and success in the Handball each year. But one event stands out; the Year 8s in 2014 winning the Athletics hosted here at ODA, which was a key moment, as that year group (now Year 11 leavers) went on to build from the confidence shown on that day to even more success over their remaining years. And now we wait for the academic results to match this, and hope that the hours spent in PE, competitions and physical activity go into making the best version of themselves they can possibly be. I remember Danny Hancox being so nervous about the high jump we had to convince him to stay onsite to participate, (he walked his win, literally) and Nicole Fisher telling me after the presentation: "You'd said we would win it Sir", and we did.

I hope that this year's Year 7 Basketballers gain as much from their success in the same way.

It has been a pleasure taking students to Waterlane Leisure Centre, and showing them what their community has to offer when they leave us here at Ormiston Denes. Liaising with Norwich City for the Hub school partnership agreement, and of course the Rockley trip, my first residential as trip leader, this summer to South West France. What a fantastic opportunity that was for all involved.

The PE department are the hardest working team I've had the pleasure to be involved with. They have listened to some crazy ideas from me, and deserve the respect of all the students (it's not just a case of picking two teams each lesson y'know). They give up their time to allow young people to play sport and try new ventures, and push you to fulfil your potential. Be nice to them!

This week we have gained School Sportsmark Gold; the only school in North Suffolk to have the recognition that we are providing outstanding provision of sport, leadership and participation opportunities. This accompanies the award for highest participation figures and most inclusive school 2016-17, to follow on from the 2015-16 win. I would like to think its a good time to hand over to Mr Woodrow, who will continue to drive the academy on in all areas of PE, Dance & school sport.

The best of luck to him and all of you.
Stay fit and healthy over the summer.

Win for Ormiston Denes in Panathlon North Suffolk Multi-sports Finals

Over 100 disabled students took part in the above all-inclusive event which took place at Waterlane Leisure Centre in Lowestoft on 24th May.

Team Ormiston Denes won the pan-disability event, in which 60 children competed. Stuart Aldous, Head of Physical Education, said: *"This has been another excellent event and experience, with students all participating across a range of disabilities, all achieving individually and as part of a team. They have looked forward to this for a long time. I have seen students today that are the happiest they have been all year."*

Congratulations to our team and to all who took part; in second place was the team of students from Pakefield High School and East Point Academy, and third was the team of students from Bungay High School and Sir John Leman High School, followed closely by The Ashley School Academy Trust.

Team Ormiston Denes supported Bungay High School, scoring 50 points to win the physical disability event.



Win sees Ormiston Cup return to Ormiston Denes



On 26th May, the Ormiston Cup was played out for the first time in a year. The sporting event was Handball; this time for the Year 7 and 8 boys, hosted by Ormiston Denes, welcoming Ormiston Venture Academy.

The first two 12 minute quarters saw Ormiston Denes and Ormiston Venture mix up their teams as part of a coaching game - a great way for the students to work together with those from another Ormiston academy. The teams mixed well and collaborated to improve their sporting ability, in what for some was their first fixture.

The second two quarters saw the competition begin with a match for the younger players, before the final quarter's Ormiston Cup match.



In the final quarter the strongest team played to their full potential with Solomon and Lucas dominating with their height, and Oli scoring two well taken goals, to bring the Ormiston Cup back back to Ormiston Denes for the first time since 2015!

Thanks to Mr Armstrong, Mr Bridges (Ormiston Venture) and Mr Aldous for the organisation and officiating of the event.

Activities Week

Activities week involved year 7, 8 and 9 students. They opted from a range of activities from Harry Potter to Outdoor Adventure to Awesome activities to Musical Theatre. During the week students took part in both on and off site activities. Trips included an overnight stay in London, two theatre trips, the Harry Potter Studios and surfing in Cromer to name but a few. Students showed enthusiasm, problem solving, team work and communication skills throughout the week. What a fantastic week for both students and staff!



Harry Potter madness!

Dragon eggs and wands in the making, and potions in progress at ODA Apothecary. Our students are no ordinary Muggles!



Norfolk Wild Encounters brought their birds of prey to meet the Harry Potter group.



Warhammer wizards at work.



Hands-on learning experiences during Forest School day.

Outdoor Adventurers enjoyed a variety of team-building and watersports activities at Eaton Vale Scout and Guide Activity Centre who said "Wow! Great job everybody. It was a pleasure having you with us ..."



Our keen cyclists arrive at Southwold Pier.



Confidence building and new experiences at Suffolk Ski Centre.



Our young maritime engineers are beginning to build their personally designed wooden boats.



Students worked with Sainsbury Centre for Visual Arts artists Kaitlin Ferguson & Ian Brownlie in artist-led workshops.

Activities Week



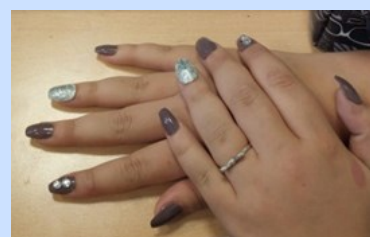
Our STEM Carousel group were very privileged to enjoy a day with Rod Stevenson. Rod is an award-winning secondary school teacher, amateur astronomer and rocket enthusiast. In 2003 he was part of the first group of UK teachers to be trained at the Kennedy Space Centre by NASA. He has worked with The National Space Centre in Leicester and with Government committees and national space conferences.



Our young bakers have been testing their skills, and came up with some great designs for Summer Cookery.



We had some great weather for our Sports Carousel group.



Some artistic work going on during hand, hair and nail day.



Our Sports Leaders with Mr Aldous at the beach for Lowestoft Sports Festival.



There was a lovely atmosphere at our Music Festival; the culmination of a week's planning and rehearsals.

An awesome example of a t-shirt customised by students in the Fashion & Textiles Group.



The art group work on their frottage, having produced texture rubbings taken on a walk through historical Lowestoft.



Retail & Therapy students have been foraging to complement their handmade festival headbands.

For more photos see our [Facebook page](#) Activities Week 2017

Family & Community Learning

Sketching Workshop



Our Family & Community Learning Sketching Workshop was held on 18th April where we were joined by several families for a thoroughly enjoyable evening.

We tried our hands at still life sketches, feathers, tea pots and vegetables.

There are definitely some budding artists!

RAF Fun with Flight STEM Roadshow

A "jet-fuelled presentation exploring the physics of flying." On 7th June students discovered how the physics they study in the classroom is an integral part of the work that engineers undertake in the RAF and other engineering organisations. Using exciting demonstrations, students were invited to take part in some literally jaw dropping experiments.



Drones, balloons, airships and even jet engines were explored. They also learnt about the microlight world altitude record and the physics behind how the RAF achieved their goal. Years 8 and 9 students thoroughly enjoyed this educational, #STEM-based roadshow, presented by Roadshow Team.



The Great Suffolk Shoal



Ormiston Denes Academy was pleased to have been part of Suffolk Recycling's 'The Great Suffolk Shoal' - a display which successfully captured the audience at Suffolk Show (Official) recently.

The marine-themed display highlighted the importance of reducing, reusing and recycling waste correctly so it doesn't affect our environment and wildlife.

Our Art students produced fish which were part of a 900-strong display. Pictured here are some of the photographs kindly supplied by Suffolk Recycling's Waste Team.

"The show was a great success, largely thanks to all the schools' participation. We used your 'tiddlers' to enhance the beach litter display, and placed the rest around our giant octopus!" - Caroline Fish, Service Development Officer, Waste Team, Suffolk Recycling.

The online gallery can be viewed at: <http://www.greensuffolk.org/.../campai.../suffolk-shoal-gallery/>



All-inclusive Football Champs!

"Students demonstrated excellent sportsmanship" and won!

Raw Soccer, North Suffolk School Sports Partnership and Suffolk Football Association hosted a magnificent day of inclusive football. Matt Potter from Suffolk FA led a multi-skills, speed agility and quickness session during the morning, which was hugely enjoyed by our students. This looked at fundamental movement skills and prepared the team for the afternoon tournament.

The event saw five schools from North Suffolk School Sports Partnership take part in 4-a-side matches on the indoor astroturf pitch.

Ormiston Denes were unbeaten with two wins and two draws, with Hayden's last gasp goal meaning the side came away as champions.

"Well done to all who played and demonstrated such excellent sportsmanship, and thank you to Phil Woolnough and Jeffrey Hoey for their hosting and organisation of the event" - Mr S Aldous, Head of Physical Education.



Student's Award for Inspiring Teaching

The Student's Award for Inspiring Teaching is an award that gives students the opportunity to nominate and award teaching staff or other adults in our academy environment for fantastic teaching.

This could be a teacher who has worked tirelessly to ensure a student improves a grade, an adult who has supported learning in another way or who has made a big difference to their learning.

Mrs Ford was nominated by Lauren (11JRO)



Reason for nomination

"I never liked English until I was taught by Mrs Ford. I believe this is because no other teacher who taught me in this subject made me believe I could do well. Mrs Ford has pushed me to go above and beyond what I ever thought I could achieve in English, and through that she has helped me gain confidence. Mrs Ford has shown dedication to lessons that I have not seen from any other teacher. Mrs Ford goes out of her way to make sure we have the best resources to help us achieve our full potential, she does not just find shared resources, she makes her own to be sure we have exactly what we need. Mrs Ford doesn't let anybody slack or lack belief in themselves, with her firm but very fair attitude towards everybody she teaches. On top of this, she is a woman with a kind heart, who provides the perfect environment for learning. She has helped me when I am down on many occasions and I know she has helped a lot of others too. Without her help I would not be the driven student I am today and I cannot thank her enough. She deserves this award as a token of appreciation for everything she has done and I am sure she will continue to do so when we sadly have to move on and leave school."

What difference did this make to your learning?

"My grades have drastically improved. I know this is because of Mrs Ford. She has pushed me to achieve grades I never thought I could achieve and I am so privileged to have been taught by her."

Years 7 & 8 Humanities Gallery Event

Thank you to parents/carers for attending the above event, showcasing the work of our Year 7 & 8 Humanities students.



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Fit & Healthy
for FREE

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LOWESTOFT

ORMISTON DENES ACADEMY

Mon 14th - Fri 18th Aug
9am - 3pm



Fun packed clubs for those children aged 4-14 years who struggle with their weight and want to become fitter and healthier

Call to book a place today 01473 718193
or visit www.onelifesuffolk.co.uk

Alumni - Chris Balls, Business General Manager and Divisional Vice President, Eastman Kodak (Rochester, New York)



I will start this by saying I've been lucky in so many ways ... school, university, parents, family, career and opportunities. I'm a big believer in the benefits of a balanced life - work hard, play hard but keeping in mind the right priorities in making your life choices.

I came to what was then Lowestoft Grammar School in 1969 with my school blazer, cap and tie, following in the footsteps of my older sister Angela. In the following seven years I grew a lot, played a lot of sports, listened to a lot of music, rode motorbikes and even found time to study well enough to complete O Levels and A Levels with good enough grades to enable me to move on to the University Of Nottingham to read Chemistry.

During those seven years, Lowestoft Grammar School became the Denes High School. Lots of things happened to me in that time, mostly good. I don't remember that much about the early years to be honest, though one highlight was the educational trip to the Mediterranean on the SS Uganda, visiting many different countries - this event I remember, like it was yesterday. Memories from being horribly seasick crossing the Bay of Biscay and as we passed Lisbon in the distance, to visiting the most exotic places such as Istanbul, Varna, Athens and Venice. These great memories of course were reinforced when the SS Uganda was deployed as a hospital ship in the Falklands War many years later. Maybe it was this great experience that shaped my thirst for travel later in my adult life.

I also remember all the sports, right the way though the school, under the guidance of Mr Maddox and Mr Wayman. I was pretty competitive and was hugely proud to be awarded the school colours for Football, Rugby and Basketball. We had some decent teams in those years and a few people I had the pleasure to play with, football in particular, went on to play professionally or as in my case 'semi-professionally'. I even won the Victor Ludorum award at sports day (until the judges belatedly decided it should actually have gone to some kid called Terry Butcher....!)

We had some excellent academic teachers in that time too and I think I got a pretty good all-round education; they prepared me well for the next phase of life at University.

Last memory of school ... another school trip, this time in our final summer, a canoeing trip down the Ardeche River in France. What a blast - great friends, great experience and a great way to finish my time at The Denes High School.

And so to university ... Nottingham turned out to be a great choice for me and enabled me to continue my "work hard, play hard" theme to the end of my degree (though some might say not enough work). It's a great city, with a really fun atmosphere, and provided the backdrop for more great memories, making more (lifelong) friends and a great education.

At the end of my degree I had decided that it was time to launch straight into the world of employment. Lucky enough to have a choice of jobs, I chose Kodak, based in Harrow, just north of London. Now for those of that may have done Business classes, you may have come across Kodak as a case study. A company that was 100% dependent on a very profitable product (film) that was turned on its head in a very short time by the 'digital revolution' and is now still re-inventing itself having come close to bankruptcy and just returning to profitability. Today I am still with Kodak and lived through that rollercoaster ride, but I've been lucky enough to have had new opportunities every few years and the chance to experience several international assignments with my family. Most notable were assignments of several years in Xiamen and Shanghai in China and now for the past six years in Rochester, New York. That gave us a platform to travel extensively and give my children an outstanding education. They are true world citizens. I was exceptionally lucky to have those opportunities, sometimes it was a little scary, but they were such rewarding experiences for us all. My oldest son has just graduated from the University of Toronto and my youngest is at university here in the USA. My wife has thankfully supported me in everything I've done and made the most of her opportunities too.

Continued

Continued

So what 'wisdom' can I offer from all this?

Firstly - put the work in to get a decent education. I'm not convinced you need a precise career plan ... but whatever direction you choose - "be the best you can be", then opportunities will come your way. Put yourself out there and push outside your comfort zone sometimes. Work hard to stay healthy and put your family first.

Be lucky!

Our best wishes and thanks to Chris for sharing his memories and journey with us.

*Mrs J Durrant
Marketing & Communications Officer*

Please visit our website for details of more alumni: <http://www.ormistondenes.co.uk/alumni/>

Careers News July 2017

Who would you like to invite to our academy to talk about their career?

Recently Michael Bot visited to talk about his job as a paramedic. Students learnt about going to university and the intensive training involved. Michael's work has taken him to work in the 'Jungle' in Calais where he looked after refugees and he explained that a lot of his day to day work is with the elderly. Once inside his ambulance, students were able to check out the life-saving equipment that he uses every day.

Do you think you might make a good paramedic? If so, why not come along to the Careers Office to find out the skills and qualifications needed.

NEWSFLASH! On 31st October Ken Ashby will be in our academy to talk about his job as an on-call fireman and the exciting opportunities offered when you join the cadets.

If there's someone you would like to be invited to our academy to talk to students, please let Mrs Budgen know.

Careers advice and guidance in the academy

Do you have a career in mind and would like to find out how to make it happen? Or have you no idea what you want to do when you leave school and want to start thinking about your career?

It's never too early start planning your future career. Pop into the careers office to make an appointment with Mrs Budgen or send an email to cbudgen@ormistondenes.co.uk. Together we will make an action plan that will get you on track towards your goal.

2017

PROM

2017

On Friday 7th July, the class of 2017 celebrated leaving Ormiston Denes Academy at The Carlton Manor. The evening was wonderful with outstanding behaviour and attitudes from all students and a clear sense of relief that exams were finally over. The prom night is one to be remembered and this evening certainly provided laughter, memories and a sense of pride as students arrived via various transport means in show stopping outfits, watched by proud staff and families. They danced the night away at their own festival before entering inside for formal awards and prizes.



2017

PROM

2017



Superlative Awards as voted for by the Class of 2017

- Most likely to be a celebrity** - Georgia Horton
- Most likely to be a sports person** - Danny Hancox
- Most likely to be a comedian** - Callum Overy
- Most likely to be an actress** - Bethany Banks
- Most likely to be Prime Minister** - Nabila Haque
- Most stylish (joint winners)** - Hannah Houghton and Nicole Fisher
- Most likely to be a millionaire** - Jake Goulby
- Best teacher award** - Mrs Ford
- Best support staff member** - Miss Gaines
- Best dressed male student** - Joshua Syder
- Best dressed female student** - Antonia Bennett
- Best dressed male staff member** - Mr Buisst
- Best dressed female staff member** - Mrs Ford
- Prom King 2017** - Joseph Hoad
- Prom Queen 2017** - Amelia Hale

Lowestoft Library *Literary* Festival 2017

Creative Writing Competition

Entries are invited from anyone over the age of 16, living or working in East Anglia to compete in the Lowestoft Library Literary Festival Creative Writing Competition

Theme: The Best of Lowestoft

Prizes:

One Winner in each category will receive:

- * Framed Winner Certificate
- * Book Token
- * Invitation (plus one guest) to attend Festival on Saturday 7th October 2017
- * Read their winning entry (or have it read) at Festival 2017
- * Join all Festival 2017 Speakers for lunch
- * A selection of entries (including Winners) will be used in an Anthology (with permission)

16-18 Year Olds

Short Story / Poem

Maximum 500 words

NO
ENTRY
FEE

19 years +

Short Story up to
1500 words

Poem up to 40 lines

£1 per
Entry

Pick up an Entry Form from your local Library
or

Download from website

www.friendsoflowestoftlibrary.org

Closing Date: 31st August 2017



Suffolk Libraries



A thank you from the Chair of Lowestoft East Point Rotary

Former Denes Assistant Head and Chair of Lowestoft East Point Rotary, Mr Paul Wilkinson, recently boosted his fundraising by holding cake sales here at the academy. This followed an 80+ mile, coast-to-coast, sponsored walk.



Recently Mr Wilkinson presented two cheques, each to the value of £1470; one to Maxine Taylor, from the Louise Hamilton Centre and one to Lucy Goldspink from the Sandra Chapman Centre. (Both wards are situated in James Paget University Hospitals NHS Foundation Trust.)

Mr Wilkinson has asked that we express his thanks to everyone for their generosity and support.

We send our very best wishes to Mr Wilkinson, whose role as President came to a close on 30th June.

Big Bang Fair



14 students from years 9 and 10 were recently taken to the Big Bang Fair at Anglia Ruskin University.

Led by Mr Kerry and supported by Miss Mileham, the students had opportunities to go to different workshops and try STEM related activities that they may not get to experience in a school setting.

Workshops included activities such as virtual reality trips through the body, practising how to help a mother give birth and how to insert a breathing tube into a patient.

There were also presentations and lectures that the students could attend, one being the Ugly Animal roadshow, which one student said was amazing and taught them a lot about different animals they had not heard of before. Students on the trip stated how much they had learned from the experience and how the fair had encouraged them to look at STEM from a different point of view. One student in particular said that the event has helped her to decide what to do in the future as it narrowed down her options. Another student said that she had learnt a lot and found it useful.

We are hoping to run this event again in the future to keep inspiring our students to advance their interests in STEM and to widen their career choices. With a STEM Co-ordinator soon to take up post, this is an excellent opportunity to promote STEM in our academy.



Students had an unforgettable experience during a week-long residential to South West France. 25 students and three staff took the 18-hour coach and ferry trip to participate in a variety of outdoor and adventurous activities. For many, it was their first time away from home and for more, their first time abroad.

The trip was organised by Head of Physical Education, Mr Aldous, through the experienced sailing and adventure company Rockley.



The group camped out each evening and ate meals together outside in high temperatures. But the main focus was participating in three sessions a day of outdoor and adventurous activities such as sailing, kayaking, paddle boarding, windsurfing, mountain biking, team building and a visit to the largest sand dune in Europe, which stood like a mountain on the horizon, with the Pyrenees in full view.



A group of 25, from years 8 and 9, attended with the Head of Department and two other staff, Miss Halsey and community sports coach Jim Keeble who had previous experience of the trip with another school in Lowestoft.





Mr Driver, Principal, is a huge advocate of such trips, with a firm belief that students should have the opportunity to travel abroad and experience different cultures.

Students ate frogs' legs and snails during a themed French evening, and got to exercise their language skills on trips to the local beach and nearby town.

"It was fantastic, please let us go again next year" - Fran (Year 9)

"It's a trip I will remember for a very long time" - Josh (Year 8)

"Such a brilliant week I'll never forget" - Joel (Year 9)



"The students rose brilliantly to the challenge of the watersports and mountain biking, and had an amazing time. They experienced a foreign culture, language and currency whilst developing their personal and social skills through adventurous activities. The main benefits to the students were experiencing culture from another country, travelling abroad; many for the first time, camping and participating in water sports and outdoor adventurous activities. Students pushed themselves physically to their maximum potential and grew throughout the week. We wish to take the trip again next year" - Mr Aldous, Head of Physical Education.



Lowestoft Rising Schools Summer Newsletter for Summer Activities

Lowestoft's Summer Festival

The Summer Festival kicks off on Saturday 22nd and Sunday 23rd July with fun on The Royal Green on both days: a Park Run at 9am on Saturday, football on the beach on Saturday, entertainment and children's rides on both days on The Royal Green. There are sandcastle competitions and lots of family fun on both days. There is even a vintage cinema on the Saturday. **Entry is free.**

The Cambridge Science Centre Workshops - St Mary's RC School on the seafront

This is another free event running during the weekend of the Summer Festival, and the following Monday and Tuesday 24th/25th, and is an exciting series of experiments and workshops delivered by the Cambridge Science Team. It is funded by Kirkley People Forum and open to all children and parents who may go along to St Mary's RC School who kindly agreed to host the event. Open 10am to 4pm each of the four days.

Summer Fun on the Beach

Every Tuesday and Thursday from 25th July through to 24th August, 1pm to 3.30pm. This is for ages 9 to 16 years - just turn up and register on the day. Beach Hut 121 near Claremont Pier is the meeting place. Different activities each week include a visit by the climbing wall again this year. Led by the Active Communities Team at Waveney District Council you can contact them via Facebook or email (activecommunities.wdc@eastsoffolk.gov.uk) to find out more information.

Free Activities At The Marina Theatre This Summer!

The Marina Theatre is delighted to announce a number of FREE activities that will be taking place in their popular Café. No need to book, just TURN UP and JOIN IN!

Tuesday 1st August - Magic with Josh Pickering - 11am start

Nothing up his sleeve, professional local magician Josh appears in a puff of smoke at The Marina for some close up magic in this 45 minute performance.

Tuesday 8th August - Music with Tim Hughes - 11am to 1pm

Singer/Songwriter Tim Hughes will be your soundtrack; the perfect accompaniment to watching the world go by.

Tuesday 15th August - Storytelling with Simon Bridge - 11am to 1pm

The marvellous Simon Bridge returns for another session of storytelling. Delve into fantastical worlds, meet wonderful characters and help the heroes save the day!

Tuesday 22nd August - Board Games with Abbie Moore - 11am to 1pm

Sink your battleships and get ready to pass go and collect \$200! Join us for a morning of classic board games.

These exciting events are supported by the Suffolk County Council Locality Fund.

Seagull Theatre Summer Activities

The world famous Seagull Theatre this summer has decided to have a **children's classic film season**. Were you a child when the first Toy Story came out? Do you now have children? Well this summer recapture that magic and bring them to see this wonderful Pixar/Disney classic on the big screen again. Beginning on 27th July with Toy Story and running every Thursday at 2pm, we will be showing Willy Wonka (Gene Wilder version), Hook (Robin Williams), Matilda and not to be missed, Back to the Future. **All seats are only £3 which is great value.**

On 26th July we also have Andy back for his 'Fun Hour'. Hugely popular with children (and adults) he knows how to send you away with a spring in your step and quite possibly a balloon in your hands.

On Friday 11th August for all the creative enthusiasts we have Above Bounds Theatre Company offering a shadow puppet workshop when you will get the opportunity to make your own shadow puppet. This starts at 11am and takes place in our large studio. Only 20 child places are available, so book early to ensure your place. Then on the Saturday, come back and watch said Theatre Company perform their award winning version of The Ugly Duckling. There will be two showings of this at 11am and 1.30pm.

Wednesday 16th August sees us welcome back the Mini Monsters Roadshow. For all nature lovers a wonderful chance to get up close and personal with an array of (friendly) critters, from giant snails to lizards!!

Finally, we end our summer with a wonderful musical based on famous children's author Max Lucado's story entitled 'You Are Special'. Come and see what a whole summer's worth of rehearsing has produced, starring local youngsters with support from Help An East Coast Child. Four performances only and tickets selling fast already.

Visits to Museums

Both Lowestoft Maritime Museum in Sparrow's Nest Park and the Lowestoft Museum at Broad House in Nicholas Everett Park will be open through the summer. Take a picnic, enjoy the park and visit the museum. It's a cheap day out and the museums are full of local history. Don't forget to watch out for open days at the Transport Museum in Carlton Colville, which is full of our transport history.

Find Freddie the Fish Trail in Lowestoft

30th July to 3rd September. Take part in the new trail around the shops in Lowestoft and win prizes. Freddie the Fish and his 19 friends are hidden in shops in the town. Replacing the old Turtle Trail, Freddie and his team are waiting to be caught. You can download an entry form from Discover Lowestoft website <http://www.discoverlowestoft.co.uk/>. The event is run by Lowestoft Vision.

Events Guide: <http://www.lowestoftrising.co.uk/events-guide>

Events Timetable: <http://www.lowestoftrising.co.uk/timetable>



WEEKEND 22ND-23RD JULY
f /LowestoftSummerFestival
www.lowestoftrising.co.uk/summer-festival

Family Events **FREE ENTRY**
donations appreciated

LOWESTOFT Summer festival 2017

ROYAL GREEN

- Lowestoft's Got Talent Finals
- Screens on Sea - Archive Films
- Puppet shows
- Poetry & Drama on Kirkley Stage
- Choir Festival
- Live Music & Singers
- Samba Band
- Stalls & Rides

INTERNATIONAL FOOD FAIR
KIRKLEY VILLAGE
— WATERLOO ROAD —

- Market Stalls
- International Cuisine
- Food and Drink

CAMBRIDGE SCIENCE Pop-Up Exhibition
Hands on space themed exhibits St. Mary's RC School, Kirkley Cliff

22nd - 23rd JULY 10am - 5pm

BEACH FOOTBALL
22nd JULY 11am - 4pm

Sandcastle Competition
WORLD RECORD ATTEMPT 22nd JULY
COMPETITION 23rd JULY

FIND FREDDIE THE FISH
New Town Trail for 2017

LOWESTOFT RISING

Well Done to our U14 Rounders Team

The U14 rounders team did themselves proud at a recent area tournament at Bungay High. The team won both qualifiers against Benjamin Britten High School and Bungay High School. Some fantastic fielding also saw them win the semi-final against Thomas Mills High School.

The final against Bungay High School saw a very close game with fantastic fielding by both teams. Unfortunately Ormiston Denes lost by half a rounder to tournament winners Bungay. The team qualify for the county finals later in the year. The first rounders' county finals we have qualified for many years.

Well done girls!



Northern Area Super 8 Athletics Tournament

Congratulations to all students who braved the appalling weather conditions to compete in the Super 8 Athletics at University of East Anglia (UEA) athletics track on Tuesday 6th June.

The Academy was very successful in all age groups with some outstanding individual

performances which resulted in the following overall team positions:

U13 Boys 2nd
U13 Girls 1st
U15 Boys 1st
U15 Girls 4th



Alumni Update - Perry Scott

We are very pleased to share Perry's exciting news:

"After eight long months and eight rounds of interviews, I'm very happy to say that I've been awarded a place on the Civil Service Fast Stream - I will be working as an Assistant Economist in Her Majesty's Treasury in Whitehall from late August! I am very excited to start.



I've been told that I'm going to be in the Fiscal Policy team analysing the financial risk to the country."

Our congratulations and best wishes to Perry.

You can read more about Perry on the alumni page of our website:

<http://www.ormistonden.co.uk/alumni/>



With your support we have raised a massive £1850

This has been the result of many fundraising activities throughout the academic year, as follows.

Macmillan Bake Sale £182.10

Wear it Pink Day £755.00

Coins for Haiti £116.30

Save the Children (Christmas Jumpers) £150.00

Children in Need £322.06

Juvenile Diabetes £11.50

Taylor High Memorial Fund £45 (Christmas Gingerbread House auction)

Red Nose Day £227.17

BLAH £32.18

Plus ODA Charity Week 2017 £2200

Plus a further £800 pledge from Charity Walk Sponsorships

Thank you to all parents, carers, students and staff for their awesome support this year.

All amounts quoted are correct at the time of printing

Students visit Café Rouge

French students had a wonderful time experiencing French cuisine and conversation at Café Rouge on 12th July.

Students are pictured below sampling soupe a l'onion, Croque Monsieur, and snails!



CAFÉ ROUGE

East Coast Sinfonietta
Presents

Charity Concert

In aid of

Intensive Care Unit

James Paget Hospital

Conductor: Frankie Ayers

Leader: Beverley McInnes

Soprano: Abbie Jackson

Mozart: Overture Don Giovanni

Mozart: Laudate Dominum

Mozart: Alleluia, Exsultate Jubilate

Handel: Royal Firework Suite

Beethoven: Symphony No. 5 in C Minor

Sat 23rd September 2017

St Andrews Church Roman Road

Lowestoft 7:30 P.M

Free Entry - Refreshments - Donations

All proceeds will be donated to the ICU

at James Paget Hospital

For more information,

email: ecsinfonietta@gmail.com

W: <http://eastcoastsinfonietta.simpl.com>

FREE BREAKFAST FOR ALL OUR STUDENTS

Breakfast is available every day between 7.40am - 8.45am in the dining hall.

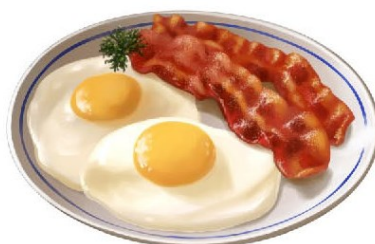
Cereals, fruit, yoghurt, breakfast bars, warm cheesy muffins and toast.

Hot food served between 8.00am - 8.30am.

A full cooked breakfast is available every Thursday (sausage, bacon, egg and beans).

Ormiston Denes Academy breakfasts are a great way to start your day.

There's no charge and no need to book. Just turn up, eat and go!



Ormiston
DENES
Academy



Ormiston
DENES
Academy

FULL EQUIPMENT LIST

Students will need to bring the following equipment to school, and this will be checked by form teachers on a daily basis:

- School bag
- Pencil case, containing:
 - Black pen(s)
 - Blue pen(s)
 - Green pen(s)
 - Pencil(s)
 - Rubber
 - Pencil sharpener
 - 15cm ruler
 - Protractor
 - Pair of compasses
- Reading book
- Scientific calculator

**The academic year finishes on
Friday 21st July at 12.10pm**

**We return to the academy on
Wednesday 6th September 2017
(Week 1)**

Lost Property

Please remember that lost property is kept for three weeks only.

Any lost property will be available for parents/carers to view in Reception on Thursday 20th July between 3.00pm and 4.00pm.

Any unclaimed items will be donated to charity during the Summer holiday.

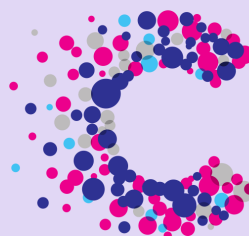
There is a no drop-off policy on the academy site. We encourage all who travel by car to drop off at a nearby road which is a short walk from the academy.

We encourage the use of public transport where walking/cycling is not suitable.

Thank you for your support.

Charity Week 2017

Last week we held a Charity Week to raise money for Cancer Research UK. Pictured are some of the photos taken during various events.



CANCER
RESEARCH
UK



Thank you to Lauren Lou in aid of Cancer Research UK for supporting this fundraising event in aid of Cancer Research UK. Lauren Lou provided merchandise at this event where all sales proceeds will be added to our grand total. Thank you!

We held a staff leg wax event where students voted for which member of staff they wanted to see leg-waxed. Voting was by way of donations dedicated to that particular staff member. Miss Welsh announced the collection totals:

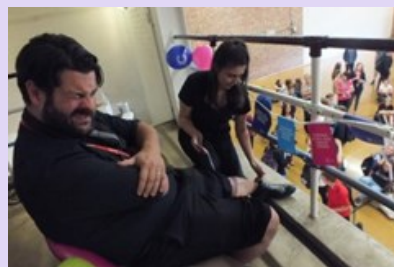
4th: Mr Buisst

3rd: Mr Cooper

2nd: Mr Brown

1st: Mr Pinner

Well done to Mr Pinner for being such a great sport.



Our students are pictured on their walk from Southwold to Lowestoft on 12th July.





All The World's A Stage

Throughout the year our students have participated in a theatre group that has focused on their performance skills and supported them to develop their singing, dancing and acting abilities. The process, from beginning to end, has involved all of the cast members and they have all contributed ideas

and given practical support. All of their hard work and development, over the course of the academic year, has been collated to present you with a showcase of their talents.



'All The World's A Stage' is a travel themed showcase production, which visits various continents, from which students perform extracts from musicals, dance, poetry and plays.





Ormiston
DENES
Academy

100 years of education
at the heart
of the community

OPEN EVENING

Tuesday 17th October 2017
5.30pm - 8.30pm

The Principal, Ben Driver, staff and students warmly invite prospective students and their parents/carers to join us for Open Evening on Tuesday 17th October, from 5.30pm.

The evening will begin with an address from the Principal. This will be followed by the opportunity to explore the Academy, experience our facilities, talk to staff and current students, and have a sense of what it means to be a part of Ormiston Denes. Due to high expected numbers there will be a repeat address at 6.30pm.

For an individual tour of the Academy outside of these times, please contact Mrs K Osborn at kosborn@ormistonden.es.co.uk

Limited places available for Year 7 starting this September.

ASPIRATION // INTEGRITY // RESPECT

Yarmouth Road, Lowestoft, Suffolk NR32 4AH Tel: 01502 574474
Web: www.ormistonden.es.co.uk Facebook: /OrmistonDenes

