



**YMCA YOUTH**

Part of YMCA Trinity Group

**YMCA**

Here for young people  
Here for communities  
Here for you



## **FREE HOT MEALS**

We are providing a free hot meals service to help with the cost of living crisis starting 9th January running until May. Anyone is welcome to attend.

When	Mondays and Wednesdays
Time	Between 12 and 1:30pm
Where	Imperial House Bevan St East Lowestoft NR32 2AA

For more information please contact Josie on either 07912209841 or [josie.trowsdale@ymcatrinity.org.uk](mailto:josie.trowsdale@ymcatrinity.org.uk)

