

# LUNCH MENU WEEK ONE AUTUMN WINTER

(Ve) vegan option



STAR  
DISH

MEAT  
FREE

HOT  
PUDDS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Macaroni Cheese with Crispy Fried Onions	Homemade Beef & Vegetable Pastry Pie	Pork Sausage Toad in the Hole & Onion Gravy	Smoky BBQ Chicken & Vegetable Burrito	Battered Sustainably Sourced Fish & Chips
Smoky Mexican Five Bean Tart	Butternut Squash & Cauliflower Curry with Rice	Vegetable Chilli Con Carne & Rice	Quorn Sausage Burrito	Cheese and Tomato Pizza
Broccoli, Sweetcorn Baked Beans, Coleslaw Salad, Mixed Garden Salad	Mashed Potato, Mixed Vegetables, Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Carrots & Cauliflower, Baked Beans, Mixed Garden Salad	Potato Wedges, Green Beans, Baked Beans, Mixed Garden Salad	Chips, Garden Peas, Baked Beans, Mixed Garden Salad
Hearty Apple Crumble	Syrup Sponge & Custard	Homemade Jam Sponge	Marble Sponge & Custard	Giant Chocolate Cookie

## AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad, Hot & Cold Drinks



## LUNCH MENU WEEK TWO

### Autumn Winter

(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Homemade Mac and Cheese	Chinese Style Chicken Meatballs & Rice	Roast Gammon & Gravy	Caribbean Jerk Chicken & Rice	Battered Sustainably Sourced Fish & Chips
MEAT FREE	Homemade Plant Based Cottage Pie	Buffalo Coated Roast Cauliflower Tortilla	Mexican Vegetable Tostada	Vegetable Lasagne	Cheese an Tomato Pizza
	Peas, Roasted, Cumin Carrots, Baked Beans, Mixed Garden Salad	Green Beans, Sweetcorn, Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Savoy Cabbage, Carrots, Baked Beans, Mixed Garden Salad	Sweetcorn, Peas, Baked Beans, Mixed Garden Salad	Chipped Potatoes, Mushy Peas, Baked Beans, Mixed Garden Salad
HOT PUDDS	Chocolate Shortbread	Banana Sponge & Custard	Lemon Drizzle Cake	Marble Sponge & Custard	Iced Vanilla Sponge

#### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad, Hot & Cold Drinks





## LUNCH MENU WEEK THREE

### Autumn Winter

(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Indian Spiced Butternut Squash, Aubergine & Chickpea Dhansak	Piri Piri Chicken & Sweetcorn Meatballs & Rice	Beef & Root Vegetable Mince & Yorkie Pud	Sticky Hoi Sin Chicken with Edamame Beans & Rice	Battered Sustainably Sourced Fish & Chips
Tex-Mex Vegetable Quesadilla	Veggie Mince Bolognaise	Vegetarian Savoury Mince	Home Made Onion Bhaji Burger	Cheese and Tomato Pizza
Cajun Wedges, Mixed Vegetables, Baked Beans, Mixed Garden Salad	Carrot & Swede, Green Beans Baked Beans, Mixed Garden Salad	Thyme Roasted Potatoes, Carrots, Peas, Baked Beans, Mixed Garden Salad	Carrots, Cauliflower, Baked Wedges, Baked Beans, Mixed Garden Salad	Chips, Mushy Peas, Garden Peas Baked Beans, Mixed Garden Salad
Homemade Oaty Flapjack	Vanilla Sponge & Custard	Lemon Drizzle Cake	Chocolate Sponge & Chocolate Sauce	Giant Chocolate Cookie

#### AVAILABLE DAILY

Filled Baked Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.

Hot Sweet of the Day or Fresh Fruit Salad, Hot & Cold Drinks