



# ORMISTON DENES ACADEMY

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Dear Parent and Carers,

10<sup>th</sup> May 2024

It was fantastic to see so many of you at the Year 8 Parents' Evening on Thursday. There was a real buzz about the evening and lots of happy students and parents. It was also great to see so many students taking advantage of the opportunity to book 1-2-1 careers meetings and to show such aspiration and responsibility.

Congratulations to Year 11 who have completed the first week of final written exams in the hall. Thank you to parents for their support and encouragement. Remember every minute makes a difference so please encourage students to attend period 6 sessions and pre-exam breakfast sessions to supplement their revision at home. One mark will make the difference between grades so every minute can make that difference. Thank you also to staff for running extra sessions in their own time. It is appreciated.

### **Attendance. Remember every minute matters!**

**The Connection between Attendance and student wellbeing.** Regular school attendance is vital for a student's success, extending beyond the classroom.

**Sense of Belonging:** Regular school attendance solidifies students' role as valuable members of their school community, fostering a strong sense of belonging. Through frequent interactions with peers and teachers, students develop an understanding and admiration for their individual contributions, further reinforcing their sense of belonging. This strong sense of belonging not only combats feelings of loneliness or isolation but also cultivates a deep sense of belonging and overall wellbeing.

**Routines and Structure:** Regularly attending school creates a stable foundation for students that enhances their overall wellbeing. Attending school regularly not only helps students follow a daily schedule but also reinforces the importance of discipline and time management. This structured lifestyle cultivates a sense of stability, relieving stress and anxiety caused by uncertainty.

**Fostering Positive Relationships:** Regularly attending school provides students with abundant opportunities to forge meaningful connections with their peers and teachers. Consistent interactions allow for genuine conversations, the sharing of experiences, and mutual support. These strong relationships act as a safety net during difficult times, creating a robust social support system. The bonds formed through regular attendance not only contribute to a student's overall wellbeing but also establish a network of individuals to rely on when facing personal or academic challenges.

**Boosting Confidence and Self-Esteem:** Active participation in class boosts students' confidence and self-esteem, shaping their self-assurance and perception. Each positive interaction and achievement, regardless of its magnitude, boosts students' confidence levels. This newfound confidence extends beyond the classroom, shaping how students perceive themselves and their abilities. As their self-esteem improves, students become more inclined to embrace challenges, express themselves freely, and pursue their passions, all of which are vital aspects of overall wellbeing.

**Form time** - The form time focus for next week is "Responsible".

**Votes for schools** - This week students have been voting on "Do tourists need to think about local communities when they travel?" If you would like to continue this discussion with your child, please click [here](#) for further resources.



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**PSHE Topics** for next week are.

Year 7 – how can I be safe online?

Year 8 – careers.

Year 9 – what advice would I give to the cabinet?

Year 10 – forms of contraception.

Year 11 - exam revision.

Have a lovely weekend.

A handwritten signature in black ink, appearing to read 'Kate Williams', written in a cursive style.

**Kate Williams**

**Principal**