



# ORMISTON DENES ACADEMY

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Dear Parent and Carers,

19<sup>th</sup> July 2024

Last Friday, the whole academy took part in Sport's Day including our staff who competed in the relay race. With track, field and team events, there was something for everyone, including the tug of war. It was a genuine pleasure watching our children cheer each other on, enjoy winning but equally showing grace in defeat. A special thanks goes to our PE department for organising a truly exceptional event.

Our PE team have also coordinated the annual David Parr Trophy Challenge which this year featured tests which closely mirror those used for entry into the Armed Forces. I am delighted to announce that Harrison in Year 10 was this year's overall winner. Congratulations to all participants.

Last Friday afternoon, four year 9 students (**Jake, Reuben, Oscar M and Oscar H**) took part in the final of the OAT Matholympics challenge. Even though some of them were disappointed to be missing an afternoon of sports day, they all took part and beat off all the competition coming first place!

We know the summer holidays can be a time of extra expense. Money Saving Central have provided a list of places where children can eat for free (or for £1) during the summer holidays, please [click here](#) for more information.

Similarly, whilst the summer holidays can be a time to relax and recharge, some young people may struggle with the loss of structure and not seeing their friends every day. It's important that students look after their mental wellbeing during the break. The summer can also be a great time to develop good self-care habits, so that when term starts again, you have techniques you can turn to in stressful times. [This toolkit](#) contains activities, teaching materials and guidance to help support and boost mental wellbeing over the summer and beyond.

**A reminder that** Parents/carers can log onto the HAF booking system (Eequ) to register children who are in receipt of benefit related Free School Meals (FSM) for support over the summer holidays. Further information can be found at: [Suffolk InfoLink | Holiday Activity and Food \(HAF\) programme 2024 in Suffolk](#) These places are limited so early applications are encouraged.

To celebrate all the great achievements of our students this term, please [click here](#) to view our Discover Denes Magazine, Summer edition 2024. There is also a video link to my end of term message [here](#).

**Students are expected to return to the academy in September as follows;**

**Year 7 and Year 11 return on Wednesday 4<sup>th</sup> September**

**Year 7, Year 11 and Year 10 return on Thursday 5<sup>th</sup> September**

**All students are expected in school on Friday 6<sup>th</sup> September**

Thank you for your support this year. I hope you and your family are able to enjoy some time together this summer and that we finally get some sunshine.

Yours faithfully

**Kate Williams**

**Principal**



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