

## PE (including BTEC Health and Social Care and Sports Studies) Curriculum 2024 2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 Core PE	Multi Skills Fitness	Football, Rugby, Trampolining, Badminton	Badminton, Handball, Trampolining, Football, Netball, Basketball	Basketball, Football, Rugby, Netball	Athletics, Cricket, Rounders, Short Tennis	Athletics, Short Tennis, Softball, Cricket
Year 8 Core PE	Hockey, Football, Basketball, Trampolining, Netball	Netball, Fitness, Rugby, Badminton	Hockey, Football, Basketball, Trampolining, Netball	Netball, Fitness, Rugby, Badminton	Athletics, Cricket, Softball, Rounders	Athletics, Softball, Rounders, Tennis
Year 9 Core PE	Hockey, Football, Badminton, Trampolining, Fitness, Handball, Basketball,	Rugby, Handball, Fitness, Basketball, Trampolining, Netball, Football, Badminton	Hockey, Football, Badminton, Trampolining	Rugby, Handball, Fitness, Basketball, KS4 Option Taster	Athletics, Cricket, Rounders	Athletics, Rounders, Cricket, Tennis
Year 10 Core PE	Dodgeball, Badminton, Football, Volleyball	Trampolining, Basketball, Netball, Hockey, Badminton, Volleyball	Football, Rugby, Fitness, Trampolining	Invasion Games, Fitness, Badminton, Netball	Athletics, Cricket, Rounders, Tennis	Athletics, Ultimate Frisbee, Tennis, Rounders
Year 11 Core PE	Fitness, Invasion Games, Football, Badminton	Rugby, Basketball, Badminton, Trampolining, Football	Trampolining, Football, Basketball, Netball, Hockey, Badminton, Handball	Trampolining, Options	Options	
Year 10 Sports Studies	What is the CNAT in Sport Studies? What is a risk assessment? What is a contingency plan? What are the components of a sports session? What is a session plan?	How can I be an effective sports leader? How can I improve my performance as sports leader?	What is a training plan? How can I improve my practical performance?	How can I improve my practical performance?	How can I improve my risk assessment? How can I make my session plan more effective? How can I reflect more thoroughly on my leadership session? How can I make my training plan more effective?	What are OAA? What provisions are locally and nationally to take part in OAA? What organisations deliver OAA?



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	What are the emergency procedures that fall into a session plan? How do I lead a sports session?					
Year 11 Sports Studies	What is the CNAT in Sport Studies in Year 11? What equipment is needed to take part in OAA? How do you plan to take part in a OAA? How do you plan to take part in OAA? How did I perform in my OAA? Why do people take part in OAA?	What provisions are locally and nationally for OAA? What equipment is needed to participate in OAA? How can you plan for an OAA activity?	What are the barriers and solutions to participation? Which factors can affect the popularity of sport within the UK? What are the sporting values promoted through sport? What are the importance of sporting etiquette and behaviour within sport? Why do athletes take performance enhancing drugs?	What are the benefits and drawbacks of hosting major sporting events? What do national governing bodies (NGB's) do for sport?	What is the role of technology in sport?	Exams
Year 10 Health and Social Care	What is the BTEC Health and Social Care Qualification? We are learning about the life stages of a persons life and understanding the different aspects of development at those stages.	We are learning about the life stages of a persons life and understanding the different aspects of development at those stages.  We are learning about that factors that can affect our lives and how these can impact on PIES.	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these.	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these.	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these.  We are learning about how health care workers and services collaborate and work together in order to support the needs of service users.  We are learning about how social care services meet the individuals needs of service users.	We are learning about how social care services meet the individuals needs of service users. We are learning about the potential barriers individuals could face when accessing services in health or social care.



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Year 11	We are learning about	We are applying the knowledge	We are learning about the	We are learning about the	We are learning how to	Exams
Health and	the potential barriers	gained from component 2 and	factors that affect health and	recommendations and	approach the exam paper and	
Social Care	individuals could face	applying it to the PSA task	wellbeing	actions that can be put in	apply the knowledge of	
	when accessing services	117 5	We are learning about how to	place to improve the	component 3 in order to be	
	in health or social care.		measure health by interpreting	health and wellbeing of	sucessul in the final exam	
	We are learning about		the health indicators.	service users and the	Sucessul III the Illian exam	
	the skills, attributes and			barriers and obstacles that		
	values that are			can intervene.		
	demonstrated by					
	healthcare					
	professionals.					
	We are learning about					
	how the skills, attributes					
	and values					
	demonstrated by					
	healthcare professionals					
	can assist service users					
	in overcoming barriers					
	We are applying the					
	knowledge gained from					
	component 2 and					
	applying it to the PSA					
	task					

<sup>\*</sup>Full and detailed curriculum maps used by the Academy are available on request