

# Lunch Menu

WEEK ONE

Spring Summer

















































STAR DISH

MEAT FREE

GRAB & GO

SIDES

TODAY'S DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spring Harvest Quesadilla with Cheese, Potato, Spring Onion and Tomato Salsa (V)  	Chilli BBQ Beef & Bean Ragu with Penne    	Roast Chicken with Gravy & Roasties   	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice    	Sustainably Sourced Battered Fish & Chips 
Crispy Onion Mac & Cheese (V) 	Falafel Power Bowl with Hummus, Grains, Rice & Salad (Ve)    	Roast Quorn with Gravy & Roasties 	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)    	Cheese & Tomato Pizza Chips
Sausage Roll 	Chicken Burger	Whole Ham and Cheese Panini	Hot Dog	Pizza and Chips
Broccoli, Baked Beans, Mixed Salad, Crisp Garlic Bread    	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans, Mixed Salad    	Country Mixed Vegetables, Baked Beans, Mixed Salad    	Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges    	Peas, Baked Beans, Mixed Salad    
Marble Cake	Iced Sponge	Apple crumble & Custard 	Jam muffin	Giant Chocolate Cookie  

Slow-Release Energy Foods



For a Healthy Gut



Brain Boost



Contains Calcium



Contains Iron



Contains Protein



V - Vegetarian VE - Vegan


















































# Lunch Menu

## WEEK TWO

Spring Summer



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato 'Pizza' Macaroni Cheese (V)  	Kashmiri Spice Bowl with Beef, Lentils & Mixed Rice    	Roast Gammon Crispy Roasties & Pan Gravy  	Meatballs with Cheese and Arrabbiata Sauce & Penne Pasta  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips 
Buffalo Cauliflower & Mixed Bean Burrito    	Cheesy Quorn Meatballs with Arrabbiata Sauce & Penne Pasta  	Roasted Sweet Potato & Cheese Tart with Roast Potatoes  	Vegemince Cottage Pie    	Cheese & Tomato Pizza Chips  
BBQ Chicken wrap	Sausage roll	Loaded Nachos	Cheese and Ham Panini	Pizza & Chips  
Broccoli, Baked Beans     , Mixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans     , Mixed Salad	Seasonal Mixed Vegetables, Baked Beans     , Mixed Salad	Baked Beans     , Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans     , Mixed Salad
Lemon Muffin	Flapjack	Jam Sponge	Iced Sponge	Giant Chocolate Chip Cookie



V - Vegetarian VE - Vegan



# Lunch Menu

WEEK THREE

Spring Summer



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Cauliflower Cheese Tart with Home baked Potato Wedges 	Beak Street Chicken with Savoury Rice & BBQ Glaze 	Roast Chicken with Gravy & Roast Potatoes 	Butter Chicken & Chickpea Curry with Rice 	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
Vegetable Bolognese Pasta with Garlic Bread Slice 	Brazilian Vegetable Stew with Savoury Rice (Ve) 	Greek Style Vegetable Pastitsio (Layered Pasta Bake) 	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V) 	Cheese & Tomato Pizza & Chips 
Cheese Pizza slice	Sausage roll	Ham and Cheese Panini	Chicken Burger	Pizza and Chips
Broccoli, Baked Beans   , Mixed Salad, Crisp Garlic Bread	Baked Beans   , Garden Salad, Roasted Sweetcorn, Wedges	Italian Garden Salad, Country Mixed Vegetables	Baked Beans   , Steamed Broccoli	Peas, Baked Beans   , Mixed Salad
Brownie	Lemon Drizzle Cake	Marble cake and Custard	Chocolate Crunch	Vanilla Cupcake



V - Vegetarian VE - Vegan