

PE (including BTEC Health and Social Care and
Sports Studies) Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7 Core PE	Fundamentals through game	Fundamentals through game	Badminton, Handball, Football, Rugby, Basketball	Basketball, Football, Handball	Athletics, Cricket, Rounders, Short Tennis	Athletics, Short Tennis, Cricket
Year 8 Core PE	Hockey, Football, Badminton, Rugby	Netball, Basketball, Hockey	Hockey, Football, Basketball, Rugby, Netball	Fitness, Rugby, Basketball	Athletics, Cricket, Rounders	Athletics, Softball, Rounders, Tennis
Year 9 Core PE	Hockey, Badminton, Fitness, Handball, Basketball.	Handball, Fitness, Basketball, Trampolining, Netball, Football, Badminton	Football, Trampolining, Rugby, Fitness	Rugby, Handball, Fitness, Basketball, KS4 Option Taster	Athletics, Cricket, Rounders, Tennis	Athletics, Rounders, Cricket, Tennis
Year 10 Core PE	Dodgeball, Badminton, Football	Trampolining, Basketball, Netball, Hockey, Volleyball	Football, Rugby, Fitness, Trampolining	Invasion Games, Fitness, Badminton, Netball	Athletics, Cricket, Rounders, Tennis	Athletics, Ultimate Frisbee, Tennis, Rounders
Year 11 Core PE	Invasion Games, Badminton	Rugby, Trampolining, Volleyball	Basketball, Hockey, Trampolining	Trampolining, Options	Options	
Year 10 Sports Studies	What is the CNAT in Sport Studies? What is a risk assessment? What is a contingency plan? What are the components of a sports session? What is a session plan? What are the emergency procedures	How can I be an effective sports leader? How can I improve my performance as sports leader?	What is a training plan? How can I improve my practical performance?	How can I improve my practical performance?	How can I improve my risk assessment? How can I make my session plan more effective? How can I reflect more thoroughly on my leadership session? How can I make my training plan more effective?	How can I improve my risk assessment? How can I make my session plan more effective? How can I reflect more thoroughly on my leadership session? How can I make my training plan more effective?

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	that fall into a session plan? How do I lead a sports session?					
Year 11 Sports Studies	What is the CNAT in Sport Studies in Year 11? Contemporary Issues in Sport Spiralised What provisions are locally and nationally for OAA? What equipment is needed to take part in OAA? How do you plan to take part in OAA? How did I perform in my OAA? Why do people take part in OAA?	What equipment is needed to participate in OAA? How can you plan for an OAA activity? How do you plan to take part in a OAA? How did I perform in my OAA?	What are the barriers and solutions to participation? Which factors can affect the popularity of sport within the UK? What are the sporting values promoted through sport? What are the importance of sporting etiquette and behaviour within sport? Why do athletes take performance enhancing drugs? Why do people take part in OAA?	What are the benefits and drawbacks of hosting major sporting events? What do national governing bodies (NGB's) do for sport?	What is the role of technology in sport? Revision	Exams
Year 10 Health and Social Care	What is the BTEC Health and Social Care Qualification? We are learning about the life stages of a persons life and understanding the different aspects of development at those stages.	We are learning about the life stages of a persons life and understanding the different aspects of development at those stages. We are learning about that factors that can affect our lives and how these can impact on PIES.	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these. PSA 1	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these. PSA 1	We are learning about how social care services meet the individuals' needs of service users. We are learning about the potential barriers individuals could face when accessing services in health or social care. PSA 2	We are now applying the knowledge that we have learnt regarding the development of PIES over the life stages and the factors and life events that can affect these. We are learning about how health care workers and services collaborate and work together in order to support the needs of service users. We are learning about how social care services meet the individuals' needs of service users.

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Year 11 Health and Social Care	<p>We are learning about the potential barriers individuals could face when accessing services in health or social care. We are learning about the skills, attributes and values that are demonstrated by healthcare professionals. We are learning about how the skills, attributes and values demonstrated by healthcare professionals can assist service users in overcoming barriers</p> <p>We are applying the knowledge gained from component 2 and applying it to the PSA task</p> <p>PSA 2</p>	<p>We are applying the knowledge gained from component 2 and applying it to the PSA task</p> <p>We are learning about the factors that affect health and wellbeing</p> <p>We are learning about how to measure health by interpreting the health indicators.</p>	<p>We are learning about the recommendations and actions that can be put in place to improve the health and wellbeing of service users and the barriers and obstacles that can intervene.</p>	<p>We are learning about the recommendations and actions that can be put in place to improve the health and wellbeing of service users and the barriers and obstacles that can intervene.</p>	<p>We are learning how to approach the exam paper and apply the knowledge of component 3 in order to be successful in the final exam</p>	Exams
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*Full and detailed curriculum maps used by the Academy are available on request