

PHSE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Transition/Intro Community – Denes Personal identity Healthy relationships Changing friendships Hurtful behaviours Online friendships/bullying	What can I do if I see bullying? Stereotypes Is everyone treated equally? Equalities Act Disabilities Racism	Health Sleep Exercise Teeth Vaping Anatomy	Physical changes of puberty Menstruation Emotional changes of puberty Types of families	What is a risk? How can I be safe near the roads? How can I be safe near trainlines? How can I be safe near water? How can I be safe online? What do young carers do?	Careers Can young people make a change? What is Parliament? How are political parties different? What do MPs do?
Year 8	Where do laws come from? What crimes occur near me? Who is involved in the legal process? How am I influenced? What is grooming? Extremism Gangs	Knife crime County lines Hate crimes. Assessment - awareness campaign Orientation and gender Identity Homophobia Coming out	Relationship values Influence on expectations Consent and avoiding assumptions. Caffeine Prescription drugs Physical effects of alcohol	Social effects of alcohol Managing influence and pressure around alcohol Common health conditions Intro to first aid CPR	Antibodies Vaccinations Assessment - vaccination debate Careers	Spending Budgeting Borrowing Assessment - furnish a flat. Consumer rights Gambling
Year 9	What is news? How can I judge the reliability of news? How might I be manipulated? Recognising mental health Loss and grief Promoting wellbeing	Gangs how it might start. Gangs - the risks Gangs - getting out. Why do people use drugs? What are the effects of drugs? Addiction The laws of drugs	Careers – options Careers - GCSE options Careers - from failure to success Disrespect nobody - relationship abuse Disrespect nobody - consent Disrespect nobody - sharing sexual images.	Respectful relationships Contraception STI's Pregnancy	Managing and ending relationships Marriage Changes over time - sexuality Change over time - gender. Change over time - race.	Democracy Other forms of government Who holds the power in the UK? What does the cabinet do? What is foreign aid?
Year 10	Optimising health Services for managing health. What are eating disorders? What is cancer? How can I examine myself? What is sepsis? Organ donation	What impact can social media have on me? How can I manage resilience? Pornography FGM Careers - self-awareness TBC Careers - CV writing - TBC Careers - interviews TBC	Employment rights Pay checks. Advertising and data. RE unit Human Rights RE unit - Prejudice RE unit - Disability and Race	RE unit Wealth RE unit - Poverty How might citizens become involved in the legal system? How do courts decide on sentencing? What is international law?	How might people show commitment? Personal boundaries Sexual harassment Risks of sexual acts Other forms of contraception Fertility	Pregnancy - options What happens in pregnancy - including miscarriage. Are all parents the same? Work experience prep.
Year 11	Time management Stress management How can I manage disappointment? How might my health effect my exam performance. Intimacy and pleasure pressure, persuasion, and coercion. Relationship abuse.	How can I maturely end a relationship? What does stalking look like? Where can I access sexual health services? Substances - assessing the risk. Substances - managing influence. Voting Systems	RE unit - The value of life RE - Medical testing RE - Transplant RE - Cloning RE - Abortion RE - Euthanasia	What is phishing? Mortgages and loans Taxes Government spending My choices	Exams	Exams