



ORMISTON DENES ACADEMY

Dear Parent and Carers,

1st May 2026

Our Year 11 students have begun their final GCSE examinations this week and we wish them all the very best for the days and weeks ahead. Now is the time when hard work will pay off. We also recognise that despite lots of preparation, this can be a challenging time for students. If you have any concerns about your child's wellbeing, please get in touch with the year team so we can work together to help them in this final stage of their journey with us.

It is important that you notify us as soon as possible if your child will be absent from the academy so that we know all children are safe and accounted for. To help us do this as swiftly as possible, please report absences in the following ways:

- via the Arbor App
- Via the Attendance phone line 01502 574474
- By emailing ODA_attendance@ormistonden.co.uk

ParentMail can no longer be used for academy communications.

We are always reminding students how to keep safe on-line and want to share a similar message to parents. Here is something for all parents to note;

Monitoring your **child's online activity**. Stay involved — little and often works best:

- Check devices regularly (not just when there's a problem)
- Keep devices in shared spaces where possible
- Use parental controls and screen time settings
- Have open conversations about what they're doing online

Aim to check in weekly and build trust, not fear. Knowing what "normal use" looks like helps you spot problems early.

There is a session for parents and carers on supporting young people's emotions available online. Hosted by SENDIASS, Specialist teachers from the [Social, Emotional and Mental Health Service](#) will explore ways to help children and young people to understand and manage their feelings and strategies schools may use.

Supporting children and young people to manage their emotions

7 May 2026 (10 - 11:30am) [Register for session](#)

Helpline: 01473 265210

Email: enquiries@suffolksendiass.co.uk

Suffolk County Council has confirmed the discretionary grant vouchers for students in receipt of FSM will be provided for May half term 2026. A **£15** supermarket voucher will be provided from our voucher provider Pluxee.

The **Form Time Focus** next week will be Responsible

Next week we will be teaching the following PSHE topics. If you have any concerns regarding the content of the PSHE lessons, please refer to our policy for clarification on withdrawals. The policy can be found [here](#).

Year 11 – Exams boosters

Year 10 – How might citizens become involved in the legal system?



@OrmistonDenes



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Yarmouth Road, Lowestoft NR32 4AH

Tel: 01502 574474

www.ormistonden.co.uk

Year 9 – What does the law say about sharing nudes?

Year 8 – Challenges and rewards or work

Year 7 – Work life balance

Votes for schools - This week students have been voting on “Do you feel confident recognising unhealthy relationships? If you would like to continue this discussion with your child, please click [here](#) for further resources.

Have a lovely weekend.

Yours faithfully

A handwritten signature in black ink that reads "Kate Williams". The signature is written in a cursive style with a large initial 'K' and a long, sweeping underline.

Kate Williams.

Principal